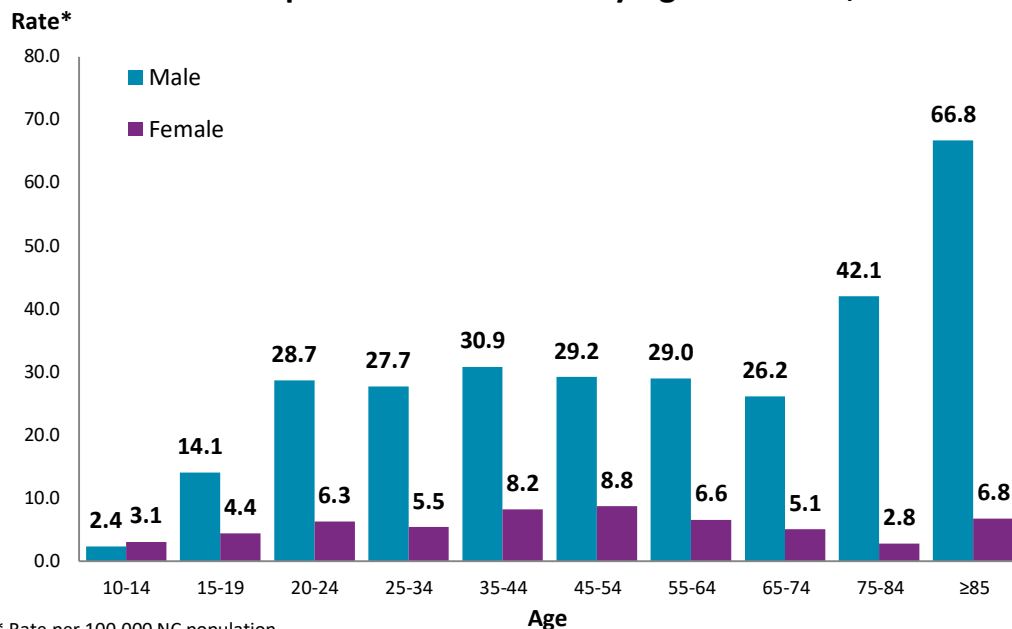


NC Violent Death Reporting System

SUICIDE IN NORTH CAROLINA, 2024

The North Carolina Violent Death Reporting System (NC-VDRS) is a CDC-funded statewide surveillance system that collects detailed information on violent deaths that occur in North Carolina including: homicide, suicide, unintentional firearm deaths, legal intervention, and deaths of undetermined intent. NC-VDRS uses information from death certificates, medical examiner reports, and law enforcement reports to understand and aid in the prevention of violent deaths. For more information, please visit the [NC-VDRS page](#) within the Injury and Violence Prevention Branch website.

Sex-Specific Suicide Rates by Age: NC-VDRS, 2024



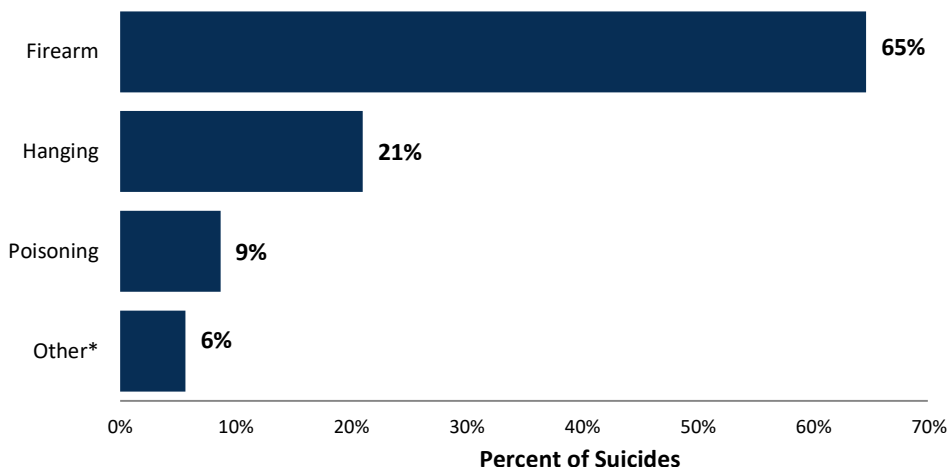
- Of the 2,616 violent deaths in North Carolina in 2024, 1,589 were suicides (60.7%).

- Males consistently had a higher suicide rate than females, with the exception of ages 10-14. The suicide rate peaked for men ages 85 years and older at a rate of 66.8 per 100,000.

- Among females, the suicide rate peaked for ages 45-54 at 8.8 per 100,000.

- Seventy-eight percent (78.0%) of all suicide victims were identified as non-Hispanic (NH) White residents.
- NH White males had higher suicide rates than other racial/ethnic groups in North Carolina (19.1 per 100,000).

Method of Death*: NC-VDRS, 2024



- After firearms (64.6%), hanging (21.0%) and poisoning (8.7%) were the second and third leading causes of suicide, respectively.

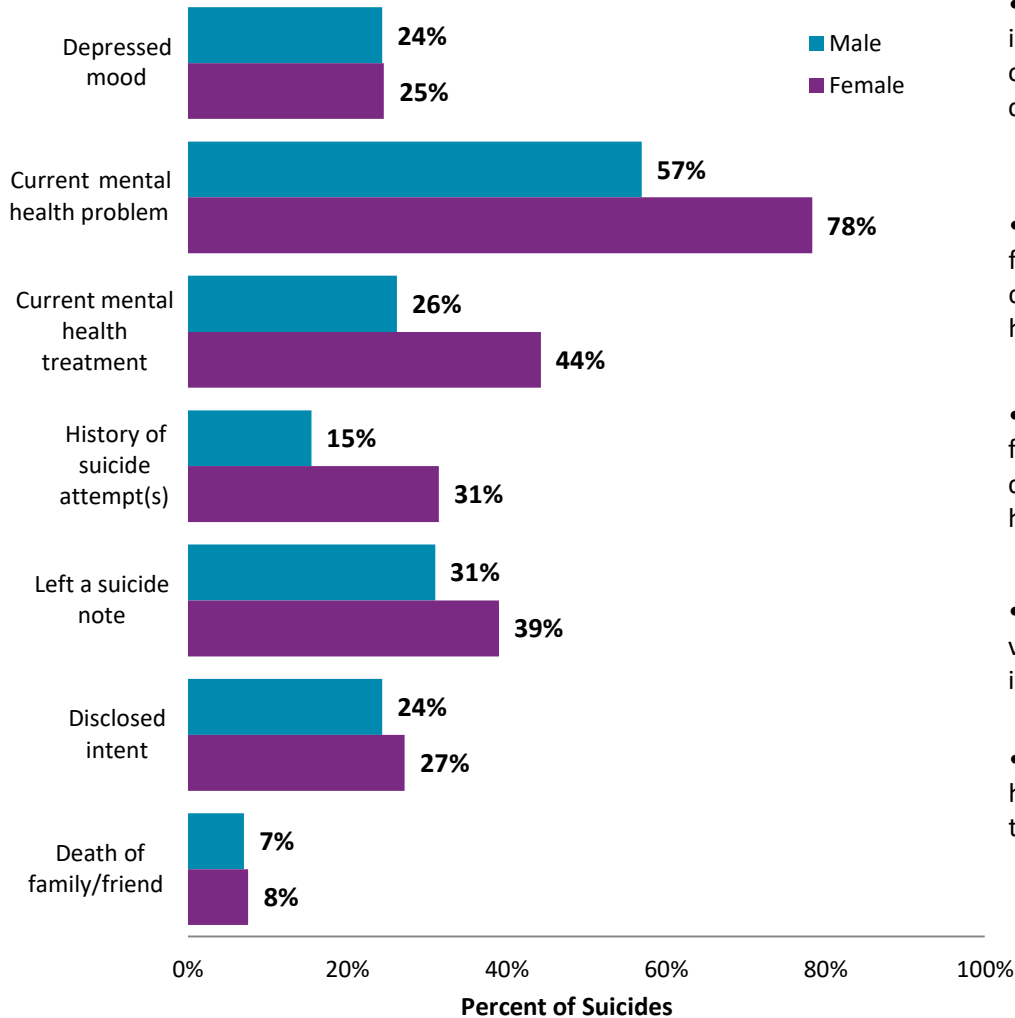
- Six percent (5.7%) of suicides were completed using a method other than firearms, hanging or poisoning.

If you or someone you know needs support now,

988 SUICIDE & CRISIS LIFELINE

call or text 988 or chat 988lifeline.org

Suicide Circumstances*: NC-VDRS, 2024



- Of suicide victims with circumstance information, 24.4% of males and 24.6% of females were characterized as being currently depressed at the time of death.

- Seventy-eight percent (78.4%) of females and 56.9% of males were characterized as having a current mental health problem.

- Forty-four percent (44.3%) of females and 26.2% of males were currently being treated for a mental health problem at the time of suicide.

- Approximately 24.9% of all suicide victims had disclosed their suicidal intention to someone else.

- Females (31.5%) were more likely to have a history of prior suicide attempts than males (15.5%).

*Among those with reported circumstance information. 96.9% of cases had circumstance information. Forty-six males and three female were missing circumstance information.

More information on suicide prevention efforts can be found at:

State Resource Partners

[Division of Mental Health, Developmental Disabilities and Substance Use Services](#)

[Office of the Chief Medical Examiner](#)

[Injury and Violence Prevention Branch Suicide Prevention Website](#)

[Division of Child and Family Well-being](#)

National Resources

[The Suicide Prevention Resource Center](#)

[The American Foundation for Suicide Prevention](#)

[The National Suicide Prevention Lifeline](#)
call or text 988
or chat 988lifeline.org

The North Carolina Violent Death Reporting System is supported by Cooperative Agreement 5 NU17CE924955-02-00 from the Centers for Disease Control and Prevention (CDC).



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health
Injury and Violence Prevention Branch

NORTH CAROLINA VIOLENT DEATH
NC VDRS
REPORTING SYSTEM

NCDHHS Division of Public Health / Injury Epidemiology & Surveillance Unit/ 919-707-5425
NC Violent Death Reporting System / 919-707-5432
State of North Carolina / Department of Health and Human Services
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2024 FINAL DATA 7/21/2026
Please see the [NC-VDRS 2024 Annual Report](#) for additional data and technical information.