

Counseling on Access to Lethal Means (CALM)



Prepares participants to have conversations about reducing immediate access to lethal means of suicide like firearms and medications when a person is at risk for suicide.

CALM emphasizes personal choice and collaboration to help people find more secure ways to store firearms and medications while they are at risk.



CALM CLINICAL WORKSHOPS

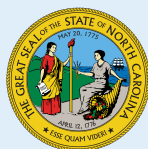
These workshops typically last about 3 hours and are intended for clinicians, healthcare providers, social services professionals, and others who regularly work with people at risk for suicide.



CALM CONVERSATIONS

This 90-minute training is intended for anyone – not just clinicians – who may need to have a conversation with a friend, loved one, or coworker about their access to lethal means.

To apply for this training or get more information, please contact:
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NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health

Chronic Disease and Injury Section • Injury and Violence Prevention Branch
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