

Suicide Prevention Training through the North Carolina Comprehensive Suicide Prevention Program



COUNSELING ON ACCESS TO LETHAL MEANS (CALM)

This free training prepares participants to have conversations about reducing immediate access to lethal means of suicide like firearms and medications when a person is at risk for suicide. There are two versions:

- 90 minutes (for everyone)
- Three hours (for clinicians, health care providers, social services professionals, and others who regularly work with people at risk of suicide).

If interested, please contact: Jane Ann Miller (jane.miller@dhhs.nc.gov).



FAITH LEADERS FOR LIFE (FLFL)

This program connects online training with facilitated discussion for faith leaders to build skills in managing needs of a community to prevent loss, to respond, and to provide support after suicide loss. Participants will learn active skills for identifying people in crisis and referring them to care. This program requires a four-week commitment to attend one virtual meeting a week.

If interested, please contact: Anne L. Geissinger (anne.geissinger@dhhs.nc.gov).



START WITH VETERANS (SWV)

This training is for individuals that may interact with Veterans at work, at home, at the gym, or anywhere else. Start is a free 90-minute virtual training that teaches individuals to start the conversation, instead of staying quiet and wondering if someone is okay. This training provides the skills and confidence to ask the question and connect Veterans to helpful resources.

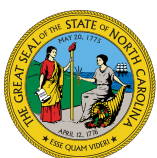
If interested, please contact: Jane Ann Miller (jane.miller@dhhs.nc.gov).



APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

This is a two-day, interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Participants don't need formal training to attend—ASIST can be learned and used by any adult. CEUs are available.

If interested, please contact Megan Lueck (mlueck@unc.edu).



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health

<https://injuryfreenc.dph.ncdhhs.gov/>

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