

Start With Veterans (SWV)

A suicide prevention training.



Did you know 7.5% of North Carolinians are veterans and they are at a higher risk for suicide?

Do you want to know how to intervene with someone who is at risk for suicide?

If you interact with veterans at work, at home, at the gym, or anywhere else, you are eligible for a free license to take the Start online suicide prevention training.

Start is a free 90-minute virtual training that teaches individuals how to:



TAKE NOTICE of the warning signs for suicide.

ASK if someone is thinking about suicide.



STATE the seriousness of suicide.

CONNECT someone to care.



Start – as in ‘start the conversation,’ instead of staying quiet and wondering if someone is okay. This training provides the skills and confidence to ask the question and connect them to helpful resources.

To apply for this training or get more information, please contact:
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NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health

Chronic Disease and Injury Section • Injury and Violence Prevention Branch
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