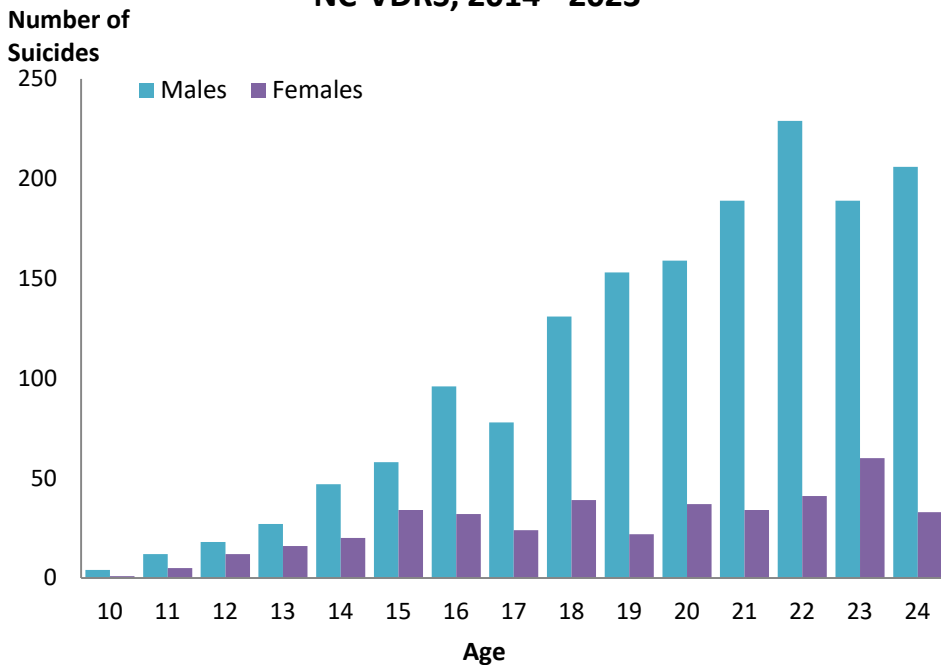


NC Violent Death Reporting System

YOUTH SUICIDE IN NORTH CAROLINA, AGES 10-24, 2014 - 2023

The North Carolina Violent Death Reporting System (NC-VDRS) is a CDC-funded statewide surveillance system that collects detailed information on violent deaths that occur in North Carolina including: homicide, suicide, unintentional firearm deaths, legal intervention, and deaths of undetermined intent. NC-VDRS uses information from death certificates, medical examiner reports, and law enforcement reports to understand and aid in the prevention of violent deaths. For more information, please visit <https://injuryfreenc.dph.ncdhhs.gov/About/ncVDRS.htm>.

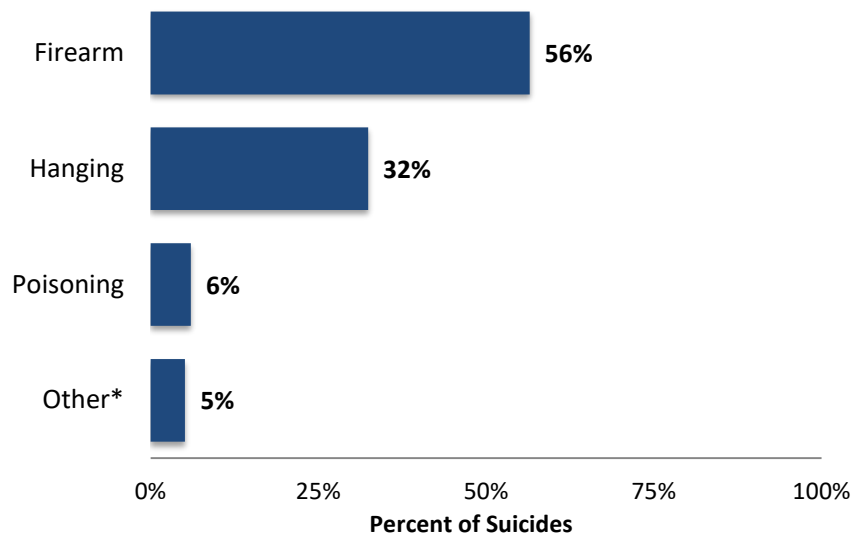
**Youth Suicide in North Carolina, by Sex and Age:
NC-VDRS, 2014 - 2023**



- From 2014 to 2023, 4,182 North Carolina residents ages 10 to 24 died as a result of violence. Of these violent deaths, 2,006 (48.0%) were suicides.
- Males consistently had a higher number of suicides than females, regardless of age.
- The number of suicide deaths peaked for males at age 22 (229 suicides) and for females at age 23 (60 suicides).
- Sixty-four percent (63.8%) of all youth suicide victims were identified as non-Hispanic (NH) White, 20.3% as NH Black, 10.2% as Hispanic, and 5.7% as belonging to other racial/ethnic groups.

- Overall, the most common method of suicide among youth was firearms (56.5%), followed by hanging, strangulation, suffocation (32.4%) and poisoning (6.0%).
- Only 5.2% of suicides involved other methods.

Method of Youth Suicides: NC-VDRS, 2014 - 2023



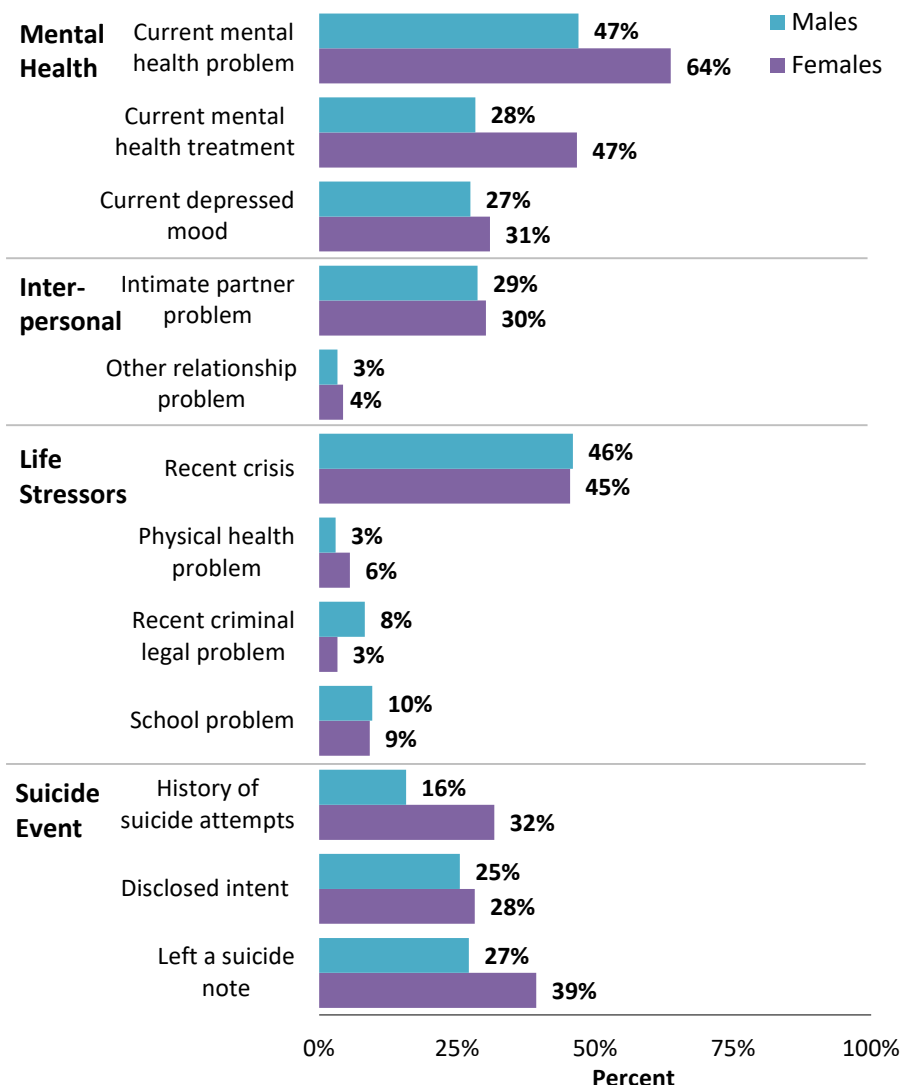
*Other includes falls, drowning, motor vehicle, fire/burns and other causes of suicide.

If you or someone you know needs support now,



**call or text 988
or chat
988lifeline.org**

Precipitating Circumstances of Youth Suicide by Sex: NC-VDRS, 2014 - 2023



- Sixty-four percent (63.7%) of female and 47.0% of male suicide victims were characterized as having a current mental health problem when they died by suicide.

- A similar trend was seen for mental health treatment. Females (46.7%) were more likely than males (28.3%) to be receiving treatment for a current mental health problem at the time of suicide.

- Thirty percent (30.2%) of female and 28.7% of male suicide victims had an intimate partner problem.

- Forty-five percent (45.4%) of female and 46.0% of male suicide victims had experienced a recent or imminent crisis.

- Twenty-eight percent (28.2%) of female and 25.5% of male suicide victims had disclosed their suicide intent to someone else before they died.

- Females (39.3%) were more likely to leave a suicide note than males (27.1%).

*Circumstances are known for 92% of males (n=1475) and 96% of females (n=394)

More information on suicide prevention efforts can be found at:

State Resource Partners

**Division of Mental Health,
Developmental Disabilities and Substance Use Services**

<https://www.ncdhhs.gov/divisions/mhddsas>

Office of the Chief Medical Examiner

<https://www.ocme.dhhs.nc.gov/>

Injury and Violence Prevention's Suicide Prevention Website

<https://injuryfreenc.dph.ncdhhs.gov/preventionResources/Suicide.htm>

Division of Child and Family Wellbeing

<https://www.ncdhhs.gov/divisions/division-child-and-family-well-being>

National Resources

The Suicide Prevention Resource Center

<http://www.sprc.org/>

The American Foundation for Suicide Prevention

<https://afsp.org/>

The National Suicide Prevention Lifeline

call or text 988

or chat 988lifeline.org

The North Carolina Violent Death Reporting System is supported by Cooperative Agreement 5 NU17CE924955-02-00 from the Centers for Disease Control and Prevention (CDC).

NCDHHS Division of Public Health / www.dph.ncdhhs.gov/ / Injury Epidemiology & Surveillance Unit/ 919-707-5425
NC Violent Death Reporting System / 919-707-5432

State of North Carolina / Department of Health and Human Services / www.ncdhhs.gov

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2023 FINAL DATA 6/16/2025

Please see the NC-VDRS 2023 Annual Report for additional data and technical information:

<https://injuryfreenc.dph.ncdhhs.gov/DataSurveillance/ViolentDeathData.htm>



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health
Injury and Violence Prevention Branch

