



**North Carolina State Health Director's Standing Order for Multivitamins with Folic Acid
March 24, 2022**

Pursuant to S.L. 2021-110, this standing order, signed by the North Carolina State Health Director, authorizes immunizing pharmacists practicing pharmacy in the state of North Carolina and licensed by the North Carolina Board of Pharmacy to dispense, deliver, or administer prenatal or multivitamin with folic acid products as directed below.

Prenatal Vitamin Dispensing Protocol	
Eligible Candidates	Any individual of reproductive age who is capable of becoming pregnant, considering pregnancy, attempting to become pregnant, or pregnant. (See attached Prenatal Vitamin Recommendation Flow Chart) This standing order may be used for persons < 18 years of age with a parent or legal guardian consent.
Medication	Any prescription prenatal vitamin formulation containing ≥ 400 mcg folic acid
Route(s) of Administration	Oral (PO)
Dose and Directions for Use	See Prenatal Vitamin Standing Order Recommendation Flow Chart As supported by CDC recommendations for folic acid supplementation to prevent neural tube defects. https://www.cdc.gov/ncbddd/folicacid/recommendations.html
Refills	As needed
Contraindications	Known hypersensitivity to folic acid or any component of the formulation.
Patient Education	Every person dispensed prenatal vitamins under this standing order shall receive education regarding the use of prenatal vitamins including appropriate initiation/discontinuation and when to anticipate a dose adjustment.
Notification of Primary Care Provider	Pharmacies choosing to participate in prenatal vitamin dispensing under the authority of this standing order shall notify the patient's primary care provider. If the patient does not have a primary care provider, the pharmacist shall counsel the patient regarding the benefits of establishing a relationship with a primary care provider, and provide information regarding primary care providers, including private practices, federally qualified health centers, free clinics, or local health departments serving the area in which the patient is located.

Approved by:  _____ Date signed: 3-24-22 _____

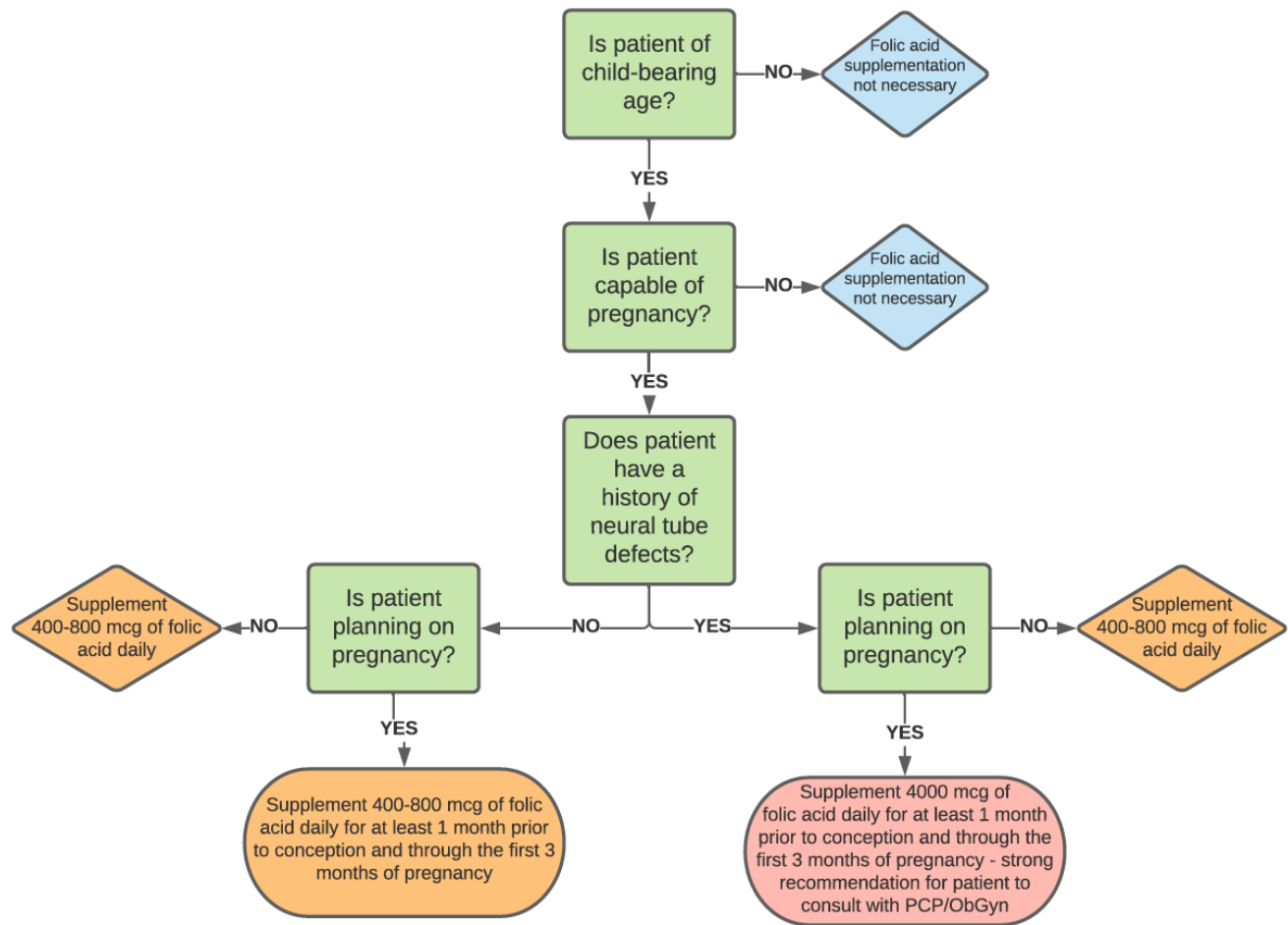
Elizabeth Cuervo Tilson, MD, MPH

NPI: 1760540421

[\(Legal Authority Session Law 2021-110 HouseBill 96\)](#) This order is effective immediately upon signing and may be revised or revoided by the State Health Director according to his/her discretion. This order shall remain in effect until the later of the development of the protocols described in Section 4(a) Session Law 2021-110 HouseBill 96 or January 1, 2023 .



Prenatal Vitamin Standing Order
Recommendation Flow Chart



Note: If the patient is pregnant, the pharmacist shall recommend the patient consult with PCP/ObGyn for further prenatal care.