

# Communicable Disease Branch NCPREP Program

## PrEP FAQs

### What is PrEP?

Pre-Exposure Prophylaxis (PrEP) is a medicine taken to prevent HIV infection. There are three choices of medications for PrEP: two pill options (Truvada, Descovy), and one long-acting injection (Apretude).

### Who is PrEP for?

PrEP is for anyone who is at elevated risk of contracting HIV. If you are HIV negative but have any of the following you should consider PrEP:

- Multiple sex partners whose status is unknown
- A partner who is living with HIV
- Sex without condoms
- Share needles or equipment to inject drugs

### How do I Pay for PrEP?

PrEP is covered by most insurance companies. If you do not have health insurance, there are assistance programs that may help you pay for PrEP at little or no cost to you.

You can access the [Gilead Advancing Access website](https://gileadadvancingaccess.com/patient) ([gileadadvancingaccess.com/patient](https://gileadadvancingaccess.com/patient)) for assistance with Truvada or Descovy, and [ViiV Connect](https://viivconnect.com/patient/get-savings-information/apretude) ([viivconnect.com/patient/get-savings-information/apretude](https://viivconnect.com/patient/get-savings-information/apretude)) for assistance with Apretude. There is also a telehealth option through [QCare+](https://qcareplus.com) ([qcareplus.com](https://qcareplus.com)).

### How can I start PrEP?

Talk with your doctor or health care provider to determine if PrEP is right for you. If you and your health care provider agree that PrEP might reduce your risk of getting HIV, they will test you for HIV and other STIs. Testing is the first step in accessing PrEP.

### Additional Information and Resources

- PrEP reduces the risk of acquiring HIV from sex by 99%
- PrEP reduces the risk of acquiring HIV from injection drugs by 74%
- [PrEP Locator](https://prelocator.org) ([prelocator.org](https://prelocator.org)) is an amazing resource where you can find a PrEP provider near you.
- [On-Demand PrEP](https://cdc.gov/hiv/prevention/prep.html) ([cdc.gov/hiv/prevention/prep.html](https://cdc.gov/hiv/prevention/prep.html) - [cdc prevention myths-on-demand-prep](https://cdc.gov/hiv/prevention/prep.html)) or “non-daily PrEP” is another effective HIV prevention strategy.

**Together, we can stop the spread of HIV in NC!**

*Reference to any specific commercial product, process, or service, or the use of any trade, firm or corporation name is for the information and convenience of the public, and does not constitute endorsement, approval, recommendation, or favoring by Communicable Disease Branch of the North Carolina Department of Health and Human Services, Division of Public Health*



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**  
Division of Public Health

Communicable Disease Branch • <https://epi.dph.ncdhhs.gov/cd/>

NCDHHS is an equal opportunity employer and provider. • 6/2025