

Sexually Transmitted Diseases/Infections

Vulvovaginal Candidiasis (Yeast)

Vulvovaginal Candidiasis, VVC, commonly called a "yeast" infection, affects most females at least once during their lives. VVC is the second most common type of vaginal infection in the United States. Women are more likely to get VVC if they are pregnant, use hormonal contraceptives, have diabetes, have a weak immune system, or have recently taken antibiotics.

Typical symptoms of Candidiasis include vaginal itching, vaginal soreness, pain/burning with urination, and abnormal thick curdy vaginal discharge. Treatment, which can be topical antifungal medication or a prescribed oral medication, should be provided to symptomatic women.

Although many cases are diagnosed and treated, Candidiasis is not a sexually transmitted infection and is not reportable under the current N.C. Administrative Code.

For more information:

- CDC Information on Vaginal Candidiasis: [Candidiasis | Candidiasis | CDC](#)
- CDC STI Treatment Guidelines: Vulvovaginal Candidiasis [Vulvovaginal Candidiasis - STI Treatment Guidelines](#)