

Sexually Transmitted Diseases/Infections

Chlamydia

Chlamydia is a common sexually transmitted disease (STD) caused by the bacterium *Chlamydia trachomatis*, which can damage a woman's reproductive organs. Even though symptoms of chlamydia are usually mild or absent, serious complications can occur before a woman ever recognizes a problem. Chlamydia can be transmitted during vaginal, anal, or oral sex. Any sexually active person can be infected with chlamydia.

Chlamydia is known as a "silent" disease because many infected people have no symptoms. People infected with chlamydia may have burning on urination, or an abnormal vaginal/penile discharge. To help prevent the serious consequences of chlamydia, screening at least annually for chlamydia is recommended for all sexually active women aged 25 years and younger. Chlamydia can be easily treated and cured with antibiotics.

Chlamydia is reportable under the N.C. Administrative Code.

For more information:

- CDC fact sheet - https://www.cdc.gov/chlamydia/about/?CDC_AAref_Val=https://www.cdc.gov/std/chlamydia/stdfact-chlamydia.htm
- CDC STI Treatment Guidelines – Chlamydia <https://www.cdc.gov/std/treatment-guidelines/chlamydia.htm>