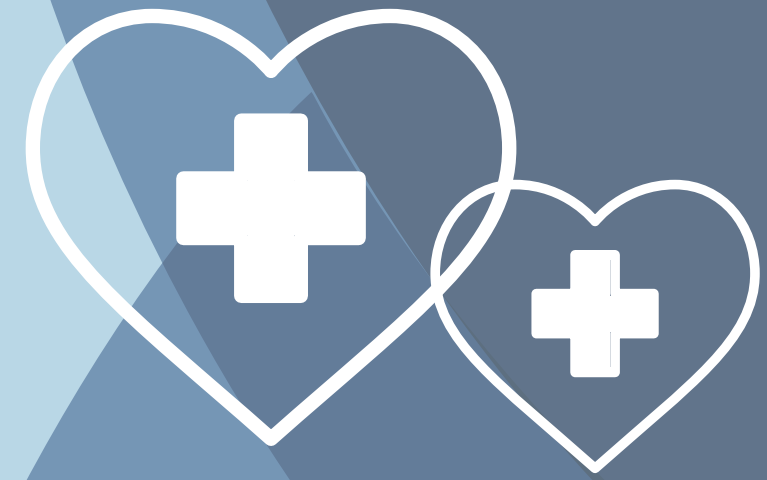


MEASLES IS SPREADING. ACT EARLY.

Defend the people you love.



Measles is very contagious:

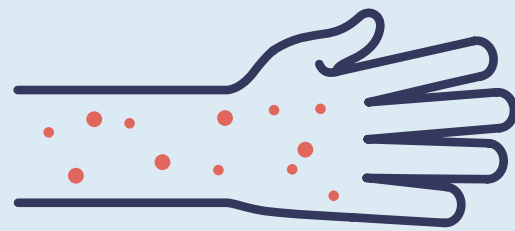
- Spreads through the air
- Virus can stay in the air up to 2 hours
- You can get sick by being in the same room as an infected person

MMR vaccine is the best protection.



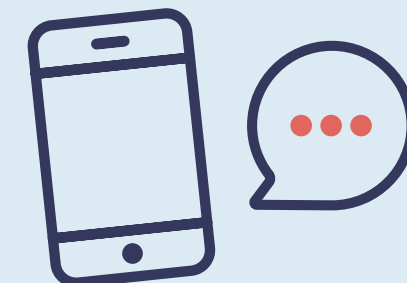
- Recommended for anyone age 1 year and older
- Two doses provide strong protection for life
- Serious side effects are extremely rare
- Millions of children are safely vaccinated each year

What to know and do:



Symptoms can appear 7 to 21 days after exposure. Watch for:

- Fever
- Cough
- Runny nose
- Red, watery eyes
- Rash that starts on the face and spreads

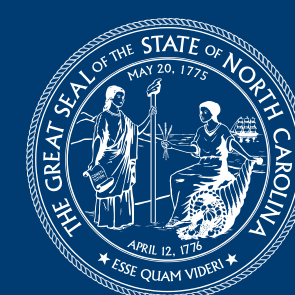


If symptoms develop:

- Stay home and avoid others
- Call a medical provider, symptoms can worsen
- Call ahead before visiting a doctor's office or emergency room



Learn more.
ncdhhs.gov/measles



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health