



# American Red Cross Training

To access/ register for free online training modules provided by the American Red Cross follow the instructions found on the Red Cross EDGE Registration Link and Guide.

After registration, you can access EDGE at: <https://arc.csod.com> using your username and password.

Once you have logged in:

1. Enter any of the course names below in the search bar to bring up that course request.
2. Be sure to request **online web training** (options with the blue computer icon) and not the instructor-led class training.
3. The estimated length of time to complete each course is listed in the description.

It is recommended that all public health nurses and staff providing shelter support consider taking the two online courses below:

**1. Shelter Fundamentals: v2 (07/10/2024) 1 hour:**

- Shelter Fundamentals is a basic level course that introduces the guidelines and procedures for setting up, running, and closing a shelter during a disaster. Referencing shelter checklists, participants will work on a case study that takes them through four of the six phases of the Sheltering Process: Resourcing, Opening, Operating, and Closing.

**2. Disaster Cycle Services: An Overview (12/06/2023) 25 minutes:**

- This course provides an overview of how Disaster Cycle Services (DCS) fulfills the Red Cross mission and describes the whole cycle process of helping individuals families and communities to prepare for, respond to, and recover from disasters. This course also reviews the role of community and government partners and describes opportunities for volunteers and disaster cycle services.

Additionally, the course below provides information to help public health nurses and shelter staff assist clients with behavioral health and functional needs during a shelter response:

**1. Psychological First Aid: Helping Others in Times of Stress: (2/5/24) 1 hour**

- Psychological First Aid: Helping Others in Times of Stress is a basic-level web- based course that provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. The course introduces the principles of psychological first aid and guidelines for when to refer to a Disaster Mental Health worker. Participants engage in practice exercises and a review of the course content.