North Carolina Diabetes Advisory Council

Date of Meeting:	10/9/2026	**Time:**	9:30 am - 12:30 pm
Minutes Prepared by:	Dominique Ashley	**Location:**	In-Person Meeting at The McKimmon Conference and Training Center Virtual Meeting via Zoom
Attendance at Meeting:	**Attendees:** Alesha Pressley, Anne Sutton, Anne Kome, Beth Shook, Billy Tart, Bonny Morley, Carol Millwood, Claudia Giraldo, Corissa Payton, Danielle Joyner, Debbie Abbott-Peterson, Debra Abbott-Peterson, Diana Laursen, Elizabeth Dail, Elizabeth Locklear, Emmanuelle Quenum, Fransine Sanchez, Ginna Purrington, Heather Rhyne, Jennifer Hardee, Jaime Pearce, Jennifer Buxton, Jennifer Loper, Joanne Rinker, Joseph Swales, Julie Keiper, Karen Stanley, Karleen Rush, Kasey Wilkie, Keisha Lewis, Kenya Humphrey, Kerry Barbera, Kim McDonald, Kimberly McNeil, Kina Jackson, Laquelia Lewis, Laura Hearn, Laura Richardson, Laura Spagna, Lauren Nejberger Schiavone, Leonor Corsino, Liz Steele, Lizeth Alcantar, Lori Church, Madison Owen, Marico Dove, Meg Sargent, Melissa Moreda, Melissa Fabrikant, Meri Mitchell, Mindy McCullough, Morgan Carpenter, Nancy Lelle-Michel, Olivia Beaulieu, Patti Columbe, Sara Foreman, Sarah Kokosa, Shay Webb, Stacey Burgin, Susan Houston, Susan Spratt, TJ Evans, and Vanessa Green.		

Meeting Highlights

Topics and Points of Discussion

1. **Welcome and Approval of February 2026, Meeting Minutes**
   - Joanne Rinker and Dr. Susan Spratt, North Carolina Diabetes Advisory Council (NC DAC) Co-Chairs, welcomed all participants and called for approval of the May 2026 meeting minutes.

2. **Announcements**
   - 2027 DAC Meetings
     - February 5, 2027
     - May 14, 2027
     - October TBD
   - The Fall DAC Newsletter will be released in the third week of October.
   - Diabetes Disaster Preparedness
   - Events
     - Breakthrough T1D Fall Events
     - 2026 State of Diabetes: Raleigh-Durham
     - 2026 State of Diabetes: Charlotte
   - Diabetes Education for Parents Taskforce
     - With the recent passage of the North Carolina state budget, governing bodies of public-school units are now required to ensure that each school provides parents and legal guardians with information about Type 1 and Type 2 diabetes at the beginning of every school year. The North Carolina Department of Public Instruction (NCDPI), which is responsible for

implementing the state's public-school laws for pre-kindergarten through 12th grade public schools, has collaborated with North Carolina Diabetes Advisory Council (NC DAC) to develop the Diabetes Education for Parents Taskforce.

- Meri Mitchell, Outreach and Operations Director for Breakthrough T1D North Carolina, has been elected as DAC Co-Chair. Her term officially begins on January 1, 2027.
- Bylaws Updates for 2027
    - October 9: Comment Period Opens
    - November 30: Comment Period Closes
    - January 4, 2027 - February 4, 2027: Review Period
    - February 5: Voting
- 2026 Membership Survey
    - Please take a moment to complete the annual DAC Membership Survey for 2026. Your responses are essential for helping us improve as an advisory council and for our efforts to reduce the burden of diabetes in North Carolina. November 13th is the deadline for responses.

3. Diabetes and Disordered Eating

- Rhonda M. Merwin, PhD, Licensed Psychologist and a Professor in the Department of Psychiatry and Behavioral Sciences at Duke University, presented on Diabetes and Disordered Eating. Her presentation can be viewed in the recording of the Ocotber 9th meeting, available on the DiabetesNC.com website.

4. Beyond Glucose: Understanding the Psychosocial Determinants of Continuous Glucose Monitoring Experience among Black Young Adults with Diabetes

- Shay D. Webb, DHSc, MS, clinical research professional, patient advocate, and health equity researcher, presented on Understanding the Psychosocial Determinants of Continuous Glucose Monitoring Experience among Black Young Adults with Diabetes. Her presentation can be viewed in the recording of the Ocotber 9th meeting, available on the DiabetesNC.com website.

5. Diabetes: There ain't no good type. There ain't no bad type

- Faith C. Cook, Psy.D. presented on Diabetes: There ain't no good type. There ain't no bad type. Her presentation can be viewed in the recording of the Ocotber 9th meeting, available on the DiabetesNC.com website.

6. Workgroup Updates

- Advocacy & Policy Workgroup
    - Social Media:
        - Facebook: NC Diabetes Advisory Council Advocacy Workgroup
        - Instagram @NCDiabetesACadvocacy
        - Any workgroup can utilize the social media accounts. Reach out to Mindy McCullough at mccullough.mindye@gmail.com for access.
        - If anyone in DAC is a social media wiz and interested in helping the Advocacy group, reach out to Mindy at the email above.
    - The Advocacy & Policy Workgroup has developed a one-page recommendation to guide the coordinated implementation of Medicaid HR1. This document is directed to North Carolina healthcare CEOs and clinic leadership. The goal is to ensure that all eligible Medicaid recipients receive appropriate retail coverage. While the primary focus is on patients with diabetes, the recommendations apply to individuals with all chronic diseases.
- Emerging Science and Evidence Workgroup
    - 2026 Conference Takeaways
        - ADA 2026 Scientific Sessions

        - Earlier risk identification can better target prevention resources.
        - Tailor lifestyle coaching to individual risks and barriers.
        - Combine lifestyle support with appropriate obesity treatment.
    - ENDO 2026
        - Preserve muscle and function during weight loss.
        - Include resistance exercise alongside GLP-1 therapy.
        - Emerging therapies may improve weight loss while preserving muscle.
    - ADCES26
        - Integrate technology while addressing access and emotional burden.
        - Address diabetes distress and equity in everyday care.
        - Sustain DSMES through quality improvement and demonstrated value.
- T1D Trends & Needs Workgroup
    - The T1D Trends and Needs Workgroup encouraged DAC collaborators and members to request Diabetes Awareness Month proclamations from their local cities or counties. So far, Asheville, Durham, and Wilmington have received proclamations.

7. 2026 DAC Awards & Scholarship

- 2026 Hugh Young Diabetes Care and Education Specialist Scholarship: Rachel Hall-Azam
- 2026 Health Care Provider Award: UNC Health Wayne Center for Nutrition and Diabetes Health
- 2026 Myrna Miller Employer Award: Randolph County Government
- 2026 John Bowdish Community Award: Donnae Ward Laughinghouse

8. Meeting Wrap-Up & Action Items

- CEU Attendance Sheet and Duke Portal Registration
    - Pharmacists need to claim their credits within 60 days

Next Meeting: Friday, February 5 | 9:30am – 12:30pm EST | McKimmon Center, Raleigh
diabetesnc.com/diabetes-advisory-council/
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