We offer support on a range of topics such as:

- Services available under government and community programs;
- Resources to help pay for medications, equipment/supplies, adaptive devices, utilities or food;
- Available health care and dental providers;
- Information on how to find services when relocating to and within North Carolina;
- Health care transitions, guardianship and alternatives to guardianship.

Additional Resource Information:

- CDC’s FREE Milestone Tracker Mobile App
  www.cdc.gov/MilestoneTracker
  The use of this app is not a substitute for the use of validated, standardized developmental screening tools as recommended by the American Academy of Pediatrics.

- NC Health Check (Medicaid) or NC Health Choice
  https://dma.ncdhhs.gov/medicaid
  Healthcare coverage for children and teens* through North Carolina’s Medicaid or Health Choice (CHIP) grant program.

- Got Transition
  www.gottransition.org
  Explore transition to adulthood at age 14 for children with special health care needs.

FOR MORE INFORMATION:
800-737-3028
CYSHCN.Helpline@dhhs.nc.gov
https://publichealth.nc.gov/wch/families/cyshcn.htm

A Help Line for caregivers of and professionals who work with children and youth who have or are at risk for chronic physical, developmental, behavioral or emotional conditions, and who need health related services beyond that required by children generally.
The referral flow chart guide is designed for parents and professionals as an informational brochure when exploring possible resources in their area for children and youth with special health care needs. For additional information call 1-800-737-3028 or email CYSHCN.Helpline@dhhs.nc.gov.

**Possible Referral Sources for Birth to 3**
- Developmental Delay/Disability or Established (Diagnosed) Condition
  - "At Risk" and/or does not qualify for Early Intervention Services
  - Explore SSI and Medicaid
  - Explore Health Department - CMARC
- Medical Concerns
  - Explore CDSA for Early Intervention
  - Explore NC Innovations Waiver Services
  - If medically fragile – Explore CAP/C

** Possible Referral Sources for Ages 3 to 5 Years**
- Intellectual or Developmental Disability; Mental Health; Chronic Medical Condition
  - "At Risk" and/or does not qualify for school services
  - Explore SSI and Medicaid
  - Explore Exceptional Children’s Preschool Program
  - Explore NC Innovations Waiver Services
  - Explore Health Department - CMARC

**Possible Referral Sources for Ages 5 to 21 Years**
- Intellectual or Developmental Disability; Mental Health; Chronic Medical Condition
  - Further evaluation needed to determine eligibility
  - Explore SSI and Medicaid or Health Choice
  - Explore LME/MCO – I/DD
  - If medically fragile – Explore CAP/C
  - If Mental Health – Explore LME/MCO Care Coordination services
  - Local school system – Explore Exceptional Children’s Department – if eligible, child can continue in school until age 22

**ACRONYM KEY:**
- CAP/C: Community Alternative Program for Children
- CMARC: Care Management for At Risk Children (formerly CC4C)
- CDSA: Children’s Developmental Services Agency
- I/DD: Intellectual/Developmental Disabilities
- LME/MCO: Local Management Entity/Managed Care Organization
- SSI: Supplemental Security Income (Disability for Children)