

NC Department of Health and Human Services



Teen Pregnancy Prevention Initiatives

Adolescent Pregnancy Prevention Program (AP3)

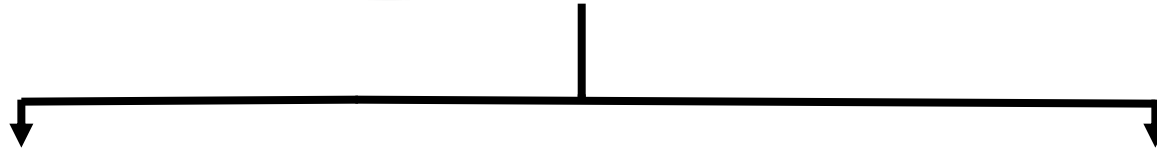
Request for Applications #A426 Applicant Conference

September 1, 2026

Agenda

- Teen Pregnancy Prevention Initiatives (TPPI) Introduction
- Adolescent Pregnancy Prevention Program (AP3) Overview
- Review Request for Applications (RFA) Components
- Question & Answers

TPPI Programs



Primary Prevention

Adolescent Pregnancy Prevention Program (AP3)

Personal Responsibility Education Program (PREP)

Secondary Prevention

Adolescent Parenting Program (AP2)

TPPI Staff

Sarah Hoffert
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AP3/AP2

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Nancy Warren
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Deja Garlin
PREP Program
Consultant

Kylia Ahuna
PREP Evaluation
Consultant

Funding Information

- One-year period with the option to renew for four (4) years *as additional funding becomes available*
- Funding Period: 6/1/2027 – 5/31/2028
 - Awards up to \$135,000/year
 - With required local match ranging for \$10,000 to \$25,000
 - Funding is contingent upon availability of funds and contract compliance

AP3 Program Objectives

1

Increase knowledge that supports the prevention of pregnancy and/or STIs, including HIV

2

Improve attitudes and beliefs that support the delay of sexual activity for the prevention of pregnancy and/or STIs, including HIV

3

Improve attitudes and beliefs that support the use of condoms for the prevention of pregnancy and/or STIs, including HIV

AP3 Key Requirements

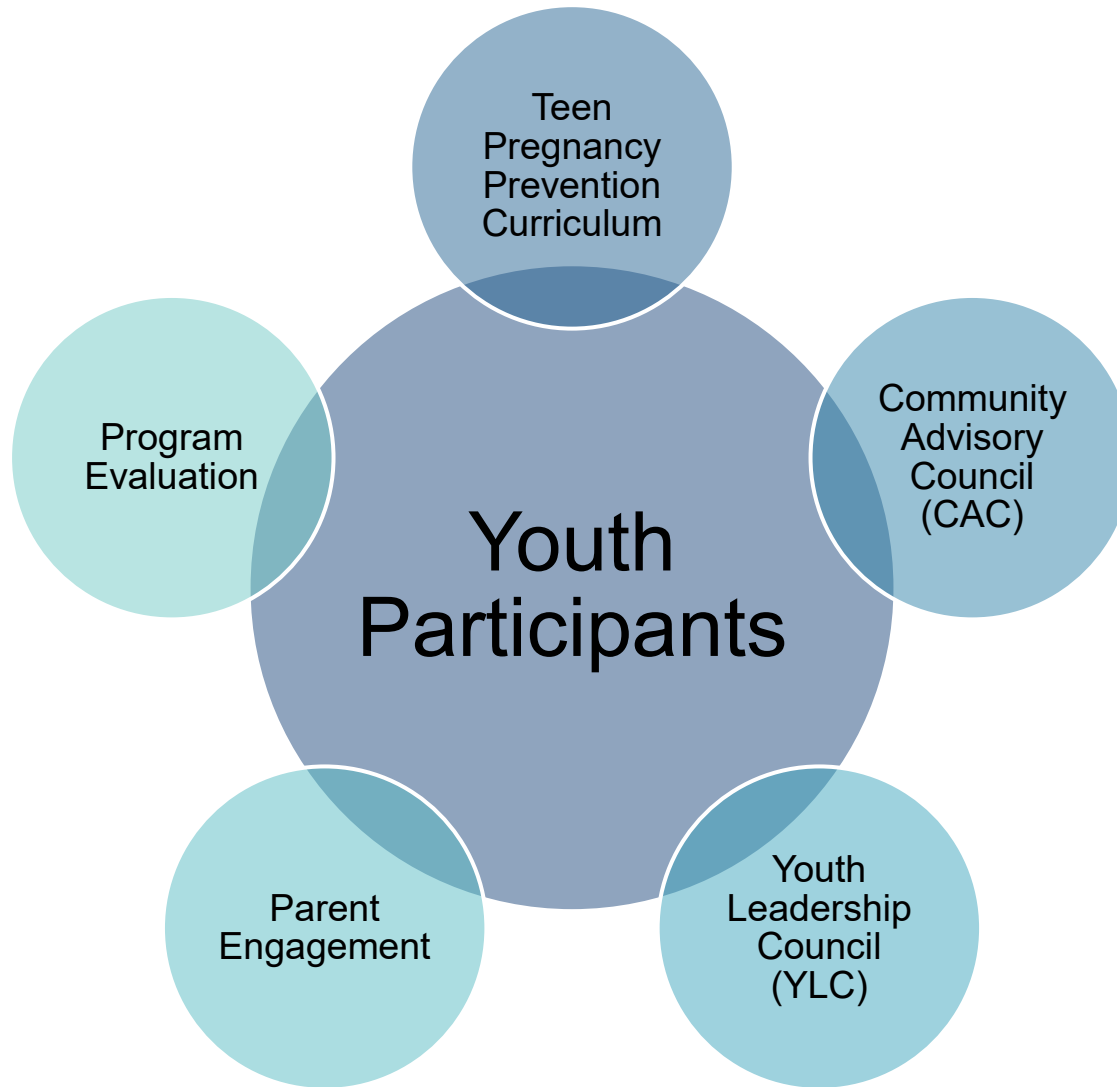
- **Audience:** youth ages 10-19
- **Annual reach:** 100 youth
- Implement education on both **abstinence, contraception, and risk** for the prevention of pregnancy, sexually transmitted infections, and HIV
- Grantees are required to implement one of two approved, evidence-based program models
 - **FLASH or Rights, Respect, Responsibility (3Rs)**

AP3 Key Requirements (cont)

- **Geography:** Applications are desired from all 100 counties, however priority counties rank in the top quartile (i.e., the top 25) for fertility rates among females aged 15 to 19:

Alleghany	Edgecombe	Richmond	Vance
Anson	Graham	Robeson	Warren
Ashe	Greene	Sampson	Washington
Bertie	Halifax	Scotland	Wayne
Bladen	Lenoir	Swain	Wilkes
Columbus	Northampton	Tyrrell	
Duplin	Onslow		

Core Program Components



Application Requirements

VII. Application (RFA p.26)

- Cover Letter & Application Face Sheet
- **Applicant's Statement of Work**
- **Project Budget**
- Indirect Cost Rate Approval Letter (if applicable)
- Subcontractor/Subgrantee Information (if applicable)
- Letters of Commitment or Statements of Support (if applicable)
- IRS Determination Letter
- Verification of 501(c)(3) Status Form (if applicable)

Section 1. Community Description

Section 2. Program Plan

Section 3. Agency Readiness

Section 4. Project Budget

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Community Description

Establish *who* your organization will serve

- Geographic coverage
- Demographics
- Setting

Basis for *why* you chose this community

- Link to community needs & existing services
- Intended impact of AP3
- Alignment between program and community needs

Balance need with capacity

- Community resources
- Gaps/unmet needs
- Engagement strategies
- Think forward to inputs and outcomes

Program Alignment with Community

- Community readiness for program, including community fit
- Resources supportive of program implementation
- How program will meet unmet needs in community
- Expected barriers to full implementation and how your agency will work to overcome them

Detailed Description

Not So Good
Description

We intend to reach students in Carolina County.

Better
Description

We intend to reach students, ages 15-19, who reside in the northern part of Carolina County.

Best
Description

We intend to reach students, ages 15-19, who attend the five Carolina County schools with the highest teen pregnancy rates.

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Program Plan

How you will achieve program goals

- Setting
- Illustrative implementation plan

How youth and their community will lead programming

- Community Advisory Council
- Youth Leadership Council
- Parent & partner engagement

How you will monitor progress

- Data collection
- Fidelity monitoring

Community Advisory Council

Organizations (at least 5)		Individuals
Required	Members representing at least five (5) community agencies other than the funded agency	- At least one (1) parent, legal guardian, or caregiver of a teen; - At least one (1) adolescent, preferably a current or former program participant; - At least one (1) current or former adolescent parent
Suggested	- Local health department - Public school system - Department of Social Services - Cooperative Extension - Mental health services - Local corporations & businesses - Media - Juvenile justice centers - Institutions of higher learning - Other local agencies that serve youth	Additional community member(s) (chosen at the agency's discretion)

Roles and expectations of CAC

- Quarterly meetings
- Advises and assists program staff
- Review all educational and promotional materials developed by the program to ensure appropriateness for the community
- Promoting and supporting the program in the community.

Youth Leadership Council

- At least five (5) and up to 15 program participants ages 10 to 19
- Year 1: the YLC will have six (6) monthly meetings from December 2027 – May 2028.
- Years 2, 3, and 4: the YLC will have nine (9) monthly meetings from September to May each program year.
- YLC will develop one (1) annual project to be completed by May 31 of each funded year. Projects may include developing a media campaign, creating a youth friendly services toolkit, providing peer education, etc.

Adolescent-Adult Partnerships

- Explain how youth act as equal partners in developing your program
- Involving youth from the beginning of a project is ideal
- Meaningful involvement is important

Implementation Partners

- Memoranda of Agreement (MOA(s)) will be required for each community agency and individual that will partner to provide support to the program.
- This includes MOAs with school systems for classroom-based implementation.

AP3 Evaluation Requirements

EZTPPI

- Web-based data collection
- Due monthly

TPPS

- Annual pre- and post-tests to measure progress against the program objectives

Site Visits

- Observation
- Records audit
- Policies and procedures

Participant Satisfaction

- Administer participant satisfaction surveys
- Submit a summary of the results

Outcome Evaluation

- Pre- and Post-tests to be completed by all consenting youth regardless of age or setting
- Must use electronic version of surveys
- Implementation sites must commit to evaluation

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Be a Good Narrator

Why is your agency the best choice for AP3 funding?

- Draw from your past successes and challenges of working with youth
- Describe how your agency has taken steps to ensure consistent implementation and outcomes across different groups.
- Describe past collaborations with community partners

Agency Readiness

- Past performance
- Organizational structure & staffing
- Financial systems
- Local match requirements

State funds are dispersed on cost reimbursement basis only

Consider if your agency has the capacity to implement a program under this system

Staffing

- Programs are required to have 1 full-time coordinator
- Full-Time Equivalency (FTE) must match budget
 - 1 staff at 100% full-time = 1 FTE
 - 1 Program Supervisor
 - At least two (2) program staff must be trained to facilitate the chosen program model once funding is awarded.

Position	FTE	Brief Description of Role
Program Coordinator		
Program Supervisor		

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Budget Basics

- Complete budget for Year 1 (June 2027 - May 2028) **up to** \$135,000
- Must use the Open Window Budget worksheet
- Include complete, detailed narratives, including all calculations

Incomplete:



Travel: Contractor Staff,
Mileage = \$912

Complete:



Travel: Mileage for
Program Coordinator =
100 miles/month x
\$0.76/mile x 12 months =
\$912

Funding Restrictions

Provision of clinical services, including the purchase and distribution of contraceptive commodities, is out of the scope of AP3 and prohibited under this funding.

Indirect Costs

- Indirect costs are allowed but applicants may decline to claim indirect costs
 - Local Health Departments may not collect indirect costs
- Indirect costs are limited to 15% of Modified Total Direct Cost (MTDC) as defined in [200 CFR 200.1](#)
- Where the applicant has a Federal Negotiated Indirect Cost Rate (FNICR), a copy of the FNICR must be included with the applicant's budget
- If the applicant does not have an FNICR, then the applicant may claim the *de minimis* indirect cost rate of 15%

Local Match

- Successful applicants are required to supplement the grant award by providing local matching funds (\$10,000 - \$25,000)
 - Total program budget of \$75,000 = \$10,000 in match
 - Total program budget of \$100,000 = \$18,000 in match
 - Total program budget of \$135,000 = \$25,000 in match
- Because the funding source of each contract determines the local match rules, the Division will approve plans for meeting the local match requirement at the time of contracting

Local Match

- Cash or in-kind contributions (those given in goods or services rather than money)
 - Meeting space at the agency or school
 - Volunteer hours
 - Donated refreshments for program sessions
- Local matching funds must be used for purposes that directly benefit the goals of AP3 and be clearly attributable to AP3.
- Other state or federal funds cannot be used as local matching funds.

Submission & Next Steps

RFA Timeline

- Written questions will be received until 5:00PM on September 9, 2026.
- Send questions to tppi-rfa@dhhs.nc.gov
- Q&A posted as addendum by September 16, 2026 at 5:00PM on the following website:
www.teenpregnancy.ncdhhs.gov/funding.htm
- Applications due October 9, 5:00PM
 - Electronic submissions only (tppi-rfa@dhhs.nc.gov)

Submission Process

- Notice of Intent: Potential applicants are encouraged to submit an optional Notice of Intent no later than September 9, 2026 via the following survey link:
<https://www.surveymonkey.com/r/AP3-RFA-NOI>
- Electronic application submission: Email a PDF version of the full application to tppi-rfa@dhhs.nc.gov
 - Typed, 8.5" x 11" paper, 1" margins, single-spaced. The font should be easy to read and no smaller than an 11-point font.

Notice of Intent



Questions?

tpi-rfa@dhhs.nc.gov