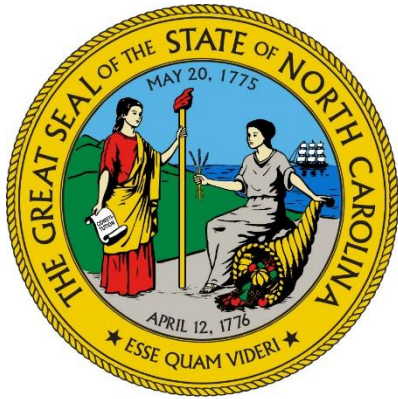




NC Department of Health and Human Services

Teen Pregnancy Prevention Initiatives

Personal Responsibility Education
Program (PREP)

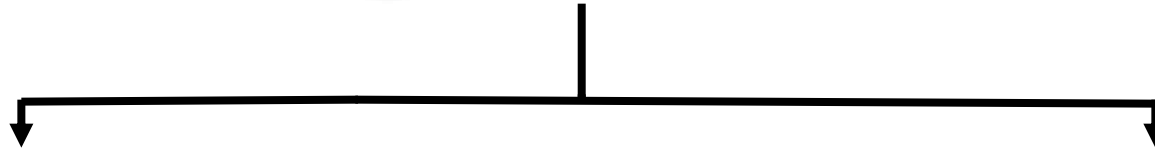
Request for Applications #A424
Bidder's Conference

October 2, 2025

Agenda

- Teen Pregnancy Prevention Initiatives (TPPI) Introduction
- PREPare for Success Program Overview
- Review Request for Applications (RFA) Components
- Question & Answers

TPPI Programs



Primary Prevention

Adolescent Pregnancy Prevention Program (APPP)

Personal Responsibility Education Program (PREP)

Secondary Prevention

Adolescent Parenting Program (APP)

TPPI Staff

Nancy Warren
TPPI Team Lead

Deja Garlin
PREP Program
Consultant

Kylia Ahuna
PREP Evaluation
Consultant

Sarah Hoffert
Program Consultant,
APPP/APP

Debbie Hamlin-Aggrey
Program Consultant,
APPP/APP

Mary Payson
Evaluation Consultant,
APPP/APP

Funding Information

- One-year period with the option to extend for two (2) years *if additional funding becomes available*
- Funding Period: 6/1/2026 – 5/31/2027
 - Awards up to \$110,000/year
 - No required local match
 - Funding is contingent upon availability of funds and contract compliance

PREP Outcome Objectives

01

Educate adolescents on both abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs), including Human Immunodeficiency Virus (HIV)

02

Prepare participants to practice behaviors supportive of a healthy transition to adulthood

PREP Key Requirements

- **Audience:** youth ages 10-19
- **Geography:** Funding available to programs in the top 50 counties for birth rates among females aged 15 to 19 based on a five-year average

PREP Key Requirements

- Implement education on both **abstinence and contraception** for the prevention of pregnancy and sexually transmitted infections and HIV
- Include at least **three of the six** following adulthood preparation subjects:
 - ✓ Healthy relationships
 - ✓ Adolescent development
 - ✓ Financial literacy
 - ✓ Parent-child communication
 - ✓ Educational and career success
 - ✓ Healthy life skills

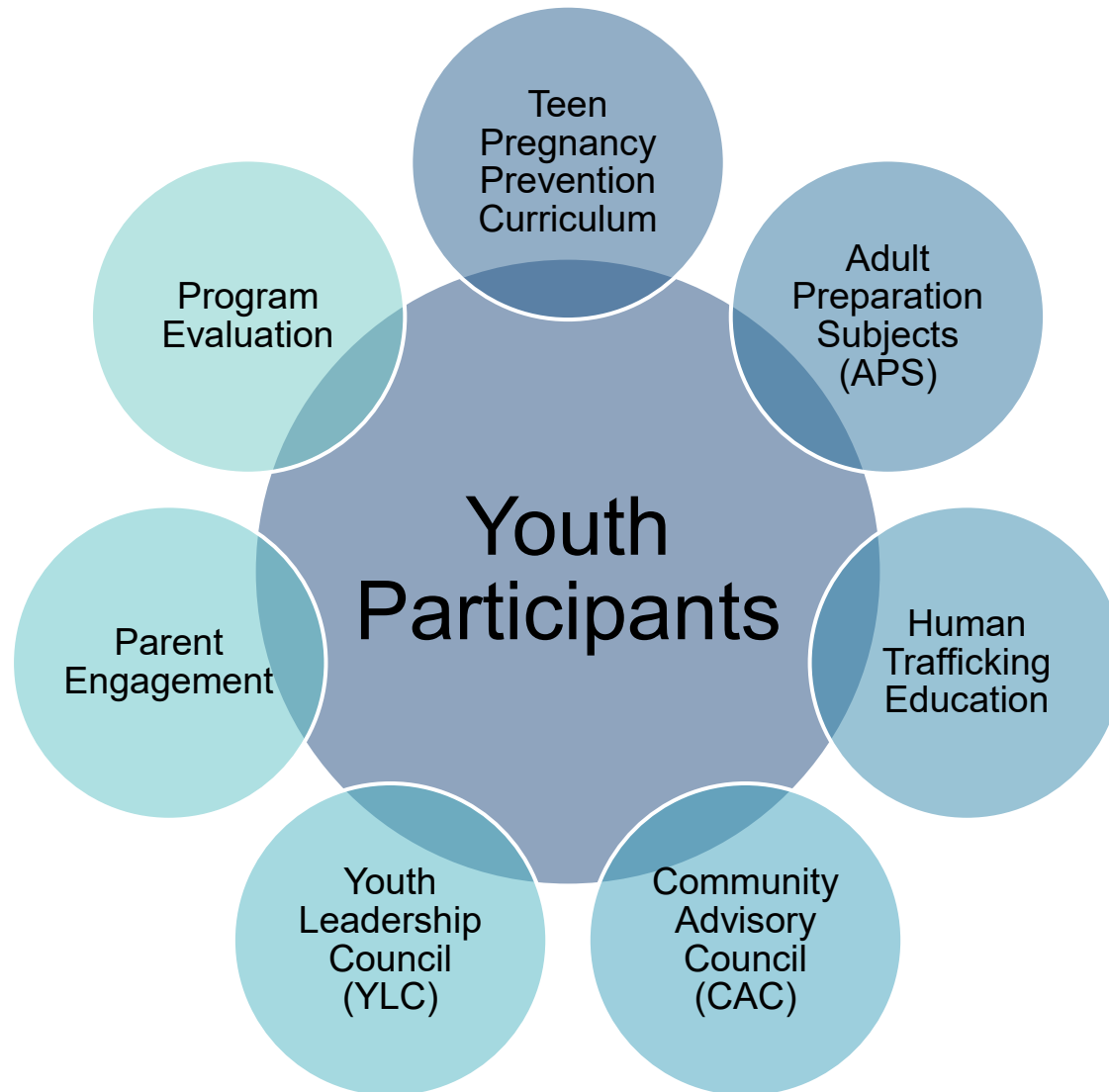
PREP Priority Counties

Rank	County	Fertility Rate
1	DUPLIN	39
2	BERTIE	38.4
3	GRAHAM	37.9
4	SCOTLAND	36.3
5	COLUMBUS	36.1
6	SWAIN	35.9
7	RICHMOND	35.6
8	ROBESON	35.2
9	VANCE	34.8
10	ANSON	33
11	WASHINGTON	32.6
12	HALIFAX	32.1
13	BLADEN	31.6
14	SAMPSON	30.8
15	ONSLOW	30.7
16	LENOIR	30.2
17	EDGECOMBE	29.5
18	WILKES	28.4

Rank	County	Fertility Rate
19	ASHE	27.8
20	WAYNE	27.3
21	MARTIN	26.7
22	CLEVELAND	26.6
23	NORTHAMPTON	26.2
24	ALLEGHANY	25.6
25	BEAUFORT	24.8
26	YANCEY	24.4
27	CLAY	24.2
28	GREENE	24
29	PERQUIMANS	23.7
30	CHOWAN	23.6
31	WILSON	23.4
32	BURKE	23.3
33	RUTHERFORD	23.2
34	WARREN	23.2
35	HOKE	22.8
36	CUMBERLAND	22.5

Rank	County	Fertility Rate
37	JONES	22.5
38	SURRY	22.5
39	CRAVEN	22.4
40	MCDOWELL	22.3
41	NASH	22.3
42	PERSON	22.3
43	CALDWELL	22.2
44	YADKIN	21.5
45	MITCHELL	21.4
46	ROCKINGHAM	21.4
47	CASWELL	20.9
48	LEE	20.9
49	MACON	20.2
50	CHEROKEE	20.1

Core Program Components



Application Requirements

Section 1. Community Description

Section 2. Program Plan

Section 3. Community Involvement

Section 4. Project Budget

Section 1. Community Description

Section 2. Program Plan

Section 3. Community Involvement

Section 4. Project Budget

Defining the Community

Goal is to establish
who your
organization will
serve

- Demographics
- Setting

Basis for *why* you
chose this
community

- Unmet needs
- Intended impact of PREP
- Link to community needs & existing services
- Alignment between program and community needs

Balance need with
capacity

- Community resources
- Gaps/unmet needs
- Think forward to inputs and outcomes

Detailed Description

Not So Good
Description

We intend to reach students in Carolina County.

Better
Description

We intend to reach students, ages 15-19, who reside in the northern part of Carolina County.

Best
Description

We intend to reach students, ages 15-19, who attend the five Carolina County schools with the highest teen pregnancy rates.

Section 1. Community Description

Section 2. Program Plan

Section 3. Community Involvement

Section 4. Project Budget

Be a Good Narrator

- Draw from your past successes and challenges of working with youth
- Describe how your agency has taken steps to ensure consistent implementation and outcomes across different groups.
- Describe past collaborations with community partners

Program Alignment with Community

- Community readiness for program, including community fit
- Resources supportive of program implementation
- How program will meet unmet needs in community
- Expected barriers to full implementation and how your agency will work to overcome them

PREP - Additional Requirements

- Parent Involvement - Conduct at least one strategy to involve parents, guardians, and caregivers in program.
- Human Trafficking - Provide education and information on the prevention of human trafficking (lesson provided)

Staffing

- Programs are required to have 1 full-time coordinator
- Full Time Equivalency (FTE) must match budget
 - 1 staff at 100%/full-time = 1 FTE
 - 2 staff at 50% each/part-time = 1 FTE

Position	FTE	Brief Description of Role
Program Coordinator		
Program Supervisor		

PREP Evaluation Requirements

EZTPPI*

- Web-based data collection
- Due monthly

** Sites who select TOP® for their program model must also use Wyman Connect for monthly data entry*

Participant Satisfaction Surveys

- Must collect from all participants
- Due biannually

Site Visits

- Observation
- Records audit
- Policies and procedures

PREP Outcome Evaluation

- Entry and Exit Surveys to be completed by all consenting youth regardless of age or setting
- Must use electronic version of surveys
- Implementation sites must commit to evaluation and included in MOU

Section 1. Community Description

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Youth Leadership Council

- At least five (5) and up to 15 program participants ages 10 to 19
- YLC will have nine (9) monthly meetings from September 30, 2026, to May 31, 2027
- YLC will develop one (1) annual project to be completed by May 31 of the fiscal year. Projects may include developing a media campaign, creating a youth friendly services toolkit, providing peer education, etc.

Community Advisory Council

Organizations (at least 5)		Individuals
Required	Organizations involved in implementation, such as hosting or recruitment	- At least two (2) adolescents from the Youth Leadership Council (YLC) - A parent, legal guardian or caregiver of a teen
Suggested	- Local health department - Public school system - Department of Social Services - Cooperative Extension - Mental health services - Local corporations & businesses - Media - Juvenile justice centers - Institutions of higher learning - Other local agencies that serve youth	Additional community member(s) (chosen at the agency's discretion)

Roles and expectations of CAC

- Quarterly meetings
- Adolescent CAC members create and direct the CAC's overall goals with the support of the adult CAC members
- Advises and assists program staff
- Includes developing a community health initiative (service project) that meets youth-defined needs

Adolescent-Adult Partnerships

- Explain how youth act as equal partners in developing your program
- Involving youth from the beginning of a project is ideal
- Meaningful Involvement is important

Implementation Partners

- MOUs from each implementation site are required
- MOUs and Letters of Support are NOT required in application for program referral sources, these will be required during Year 1

Section 1. Community Description

Section 2. Program Plan

Section 3. Community Involvement

Section 4. Project Budget

Cost-Reimbursement Grant Funding

- State funds are dispersed on cost reimbursement basis only
- Consider if your agency has the capacity to implement a program under this system

Budget Basics

- Complete budget for Year 1 (June 2026 - May 2027)
- Must use the Open Window Budget worksheet
- Include complete, detailed narratives, including all calculations
 - Incomplete:
Travel: Contractor Staff, Mileage = \$840
 - Complete:
Travel: Contractor Staff, Mileage = 100 miles/month x
\$0.70/mile x 12 months = \$840
- Include participant costs such as incentives, meals

Indirect Costs

- Indirect costs are allowed but applicants may decline to claim indirect costs
- Where the applicant has a Federal Negotiated Indirect Cost Rate (FNICR), the applicant agency may request up to the federally negotiated rate
 - A copy of the FNICR must be included with the applicant's budget
- If the applicant does not have an FNICR, then the applicant may claim the *de minimis* indirect cost rate of 15%

Submission & Next Steps

RFA Timeline

- Send questions to tppi-rfa@dhhs.nc.gov until October 9
- Notice of Intent due October 9 (strongly encouraged)
- Q&A posted as addendum by October 17
- Applications due October 30, 5:00PM
 - Electronic submissions only (tppi-rfa@dhhs.nc.gov)

Submission Process

- Notice of Intent: Potential applicants are encouraged to submit a Notice of Intent no later than 5 p.m. on October 9, 2025
- Electronic application submission: Email a PDF version of the full application to tppi-rfa@dhhs.nc.gov
 - Typed, 8.5" x 11" paper, 1" margins, single-spaced. The font should be easy to read and no smaller than an 11-point font.

Notice of Intent



Questions?

tppi-rfa@dhhs.nc.gov