



SCORE Update

Dan Reuland, MD, MPH

North Carolina Colorectal Cancer Roundtable Meeting
October 18, 2019

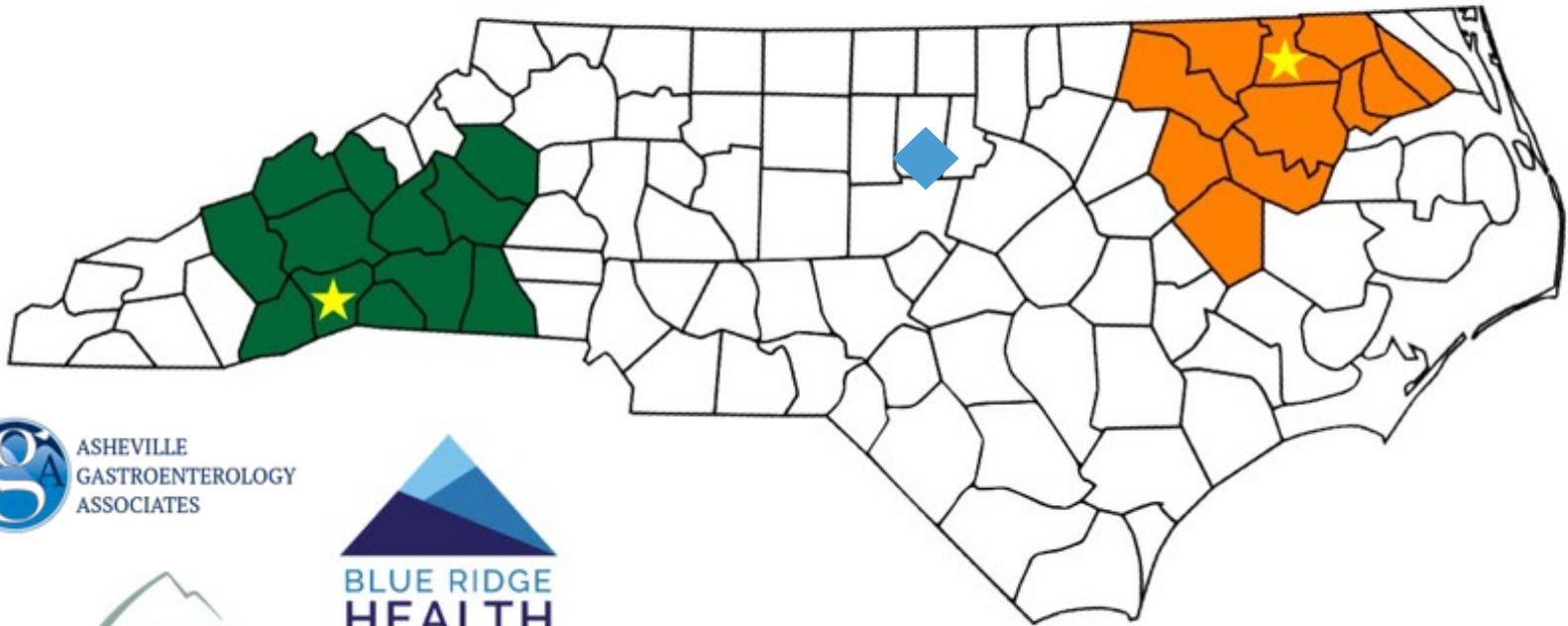




PURPOSE

Build and test a **centralized mailed FIT outreach intervention** to improve CRC screening and follow-up in community health center populations

SCORE: Partners and Catchment Area



SCORE: Core Elements



CRC screening
registry of
eligible CHC
patients



Mailed FIT
outreach from a
central location



Navigation
support &
follow-up
colonoscopy for
FIT+ patients

SCORE: Core Elements



CRC screening
registry of
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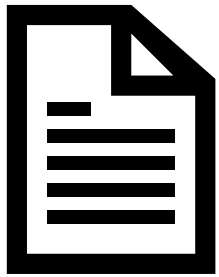


Mailed FIT
outreach from a
central location

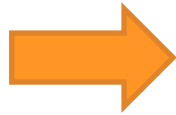


Navigation
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FIT Mailing

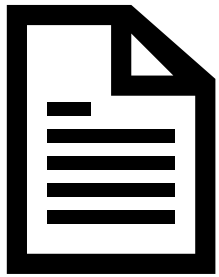


Introduction
Letter

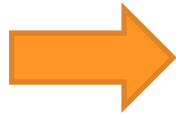


FIT
Packet

FIT Mailing



Introduction
Letter



FIT
Packet

- 1 Cover letter
- 2 Education sheet
- 3 FIT instructions
- 4 Lab requisition form



May 22, 2019

Dear [Name],

Your doctor recommends that you complete a screening test for colon cancer.

We sent you this packet because it looks like you have not been screened for colon cancer recently. This means that we can't find a reason that you have done a home stool blood test in the last year or a colonoscopy within the last few years. Our records are not always right, especially if you have done a colon cancer screening test somewhere other than Rexdale Comprehensive Care.

- If you have had a colon cancer screening test recently, please call 252-388-6228 so that we can update your medical record.
- If you have NOT had a colon cancer screening test recently, this is your chance to get screened for FREE!

This packet has a colon cancer screening kit called FIT. The FIT screening kit looks for hidden blood in your stool (poop). Your FIT kit has easy-to-follow instructions. It also has a stamped envelope for mailing your stool sample to the lab.

Please use your FIT kit soon! You will get your FIT results about 3 weeks after you send the sample. You will get your results by mail or a phone call. We also will tell your doctor at Rexdale Comprehensive Care that you completed a FIT.

You do not have to do this test if you do not want to. If you choose to do this test, you will be taking an important step to protect your health from a disease that takes far too many lives in our area.

We are working with researchers at UNC Chapel Hill to send FIT kits to our patients. Please read the other side of this page to learn more about our partnership with UNC researchers.

If you have any questions about the screening test or why you received this packet, please call 252-388-6228.

Kind Regards,

Claudia Richardson, MD, MPH
Chief Medical Officer
Rexdale Chronic Community Health Center

*More people die from colon cancer in northeastern North Carolina than in usual for the US!

Please see other side

Rexdale Chronic Community Health Center Corporate Office
128 Health Center Drive • P.O. Box 561 • Abbeville, NC 27110



COLON CANCER SCREENING INFORMATION

Call us if you have any questions: 252-388-6228

WHAT

Colon cancer screening can help find cancer early when it is easier to treat. Both men and women can get colon cancer. It is more common in people over age 50. Screening saves lives!

2nd

Colon cancer is the second leading cause of cancer death in North Carolina.

WHO

Most average risk people should be screened from age 50 until age 75. You might not be average risk if you answer yes to any of the following:

50-75

Screening should happen at age

1. You have had colon cancer
2. A close family member has had colon cancer
3. You are listed in your family genealogy

If you answer yes to any of those questions, talk to your doctor to find out which colon cancer screening test is right for you.

HOW

For people of average risk, there are a few ways you could get screened for colon cancer. One good way is to check for hidden blood in your stool using a test like the one included in this packet. This test is called a FIT (fecal immunochemical test).



THIS TEST IS FREE!

RESULTS

Negative

This means your results are normal. You should repeat the FIT in 12 months.

Positive

This means the lab found some hidden blood in your stool. You will probably have another test called a colonoscopy, which looks inside your colon to find out why there was blood in your stool. Your provider at RCCHC will refer you for a colonoscopy. If you do not have insurance, we will help arrange a low-cost colonoscopy.

Instructions for Mailed Colon Cancer Screening Test

For best results, please follow these steps carefully.

Call us if you have any questions: 252-388-6228

WHAT'S IN THIS KIT?



STEP 1. LABEL YOUR SAMPLE

1. Write the date you collected your sample on your lab form. Your name should already be on it.
2. Write the date you collected your sample on your sample bottle. Your name should already be on it.

STEP 2. COLLECT THE SAMPLE

1. Unfold the collection paper.
2. Lay the collection paper flat inside your toilet or on top of the toilet. Place a hand measurement on top of the paper.
3. Take and sit on the top of the sample bottle. Press the handle in the toilet. We need it for the test.
4. Push the stool ("poop") into the sample bottle. Use the brush to cover the collection paper with stool.
5. Push the stick back into the sample bottle and the cap into the top of the cap.

STEP 3. MAIL THE SAMPLE

1. Wrap your sample bottle in the small shipping pad.
2. Put the sample bottle and the pad inside the plastic bag. Seal the bag.
3. Check that the mailing envelope has three forms: 1. Sample bottle and shipping pad inside plastic bag 2. Lab form 3. Mailing envelope
4. Put tape from the flap of the mailing envelope and seal. Mail within 2-3 days.

Please use your FIT kit soon! If we don't receive your sample, we will follow up with you. You will receive your results by mail about 3 weeks after you send the sample.



TEST REQUISITION FORM

DIRECT TEST - UEO R07042040

LabCorp
Patient Name: [Name] Date of Birth: [DOB] Sex: [Sex]
Patient ID: [ID] Patient DOB: [DOB]
City: [City] State: [State] Zip: [Zip]

PATIENT, PLEASE COMPLETE THE SECTION BELOW

DATE COLLECTED: [Date]

Please provide your current phone number in case we need to contact you about your test.

Please place this form in the envelope with your sample tube.

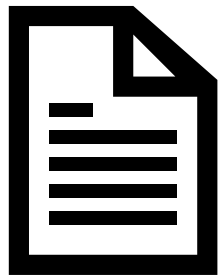
FOR LAB USE ONLY
TEST INFORMATION:
1 | 867849-1007

PATIENT: Please do not write and leave for your sample.
Date sample was collected: [Date]

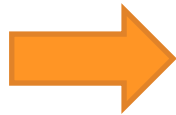
These tests have been validated for general health screening test and must not be used for diagnostic testing.
1007 York Road, Burlington, NC 27410 800-522-6228

FIT Packet Materials

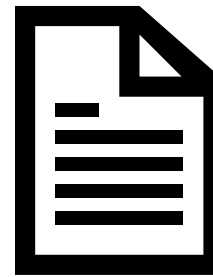
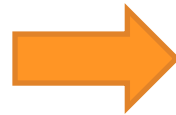
FIT Mailing



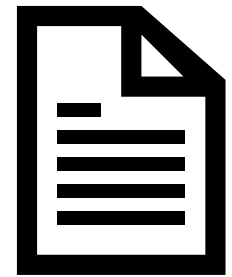
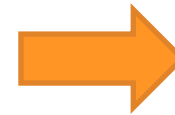
Introduction
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FIT
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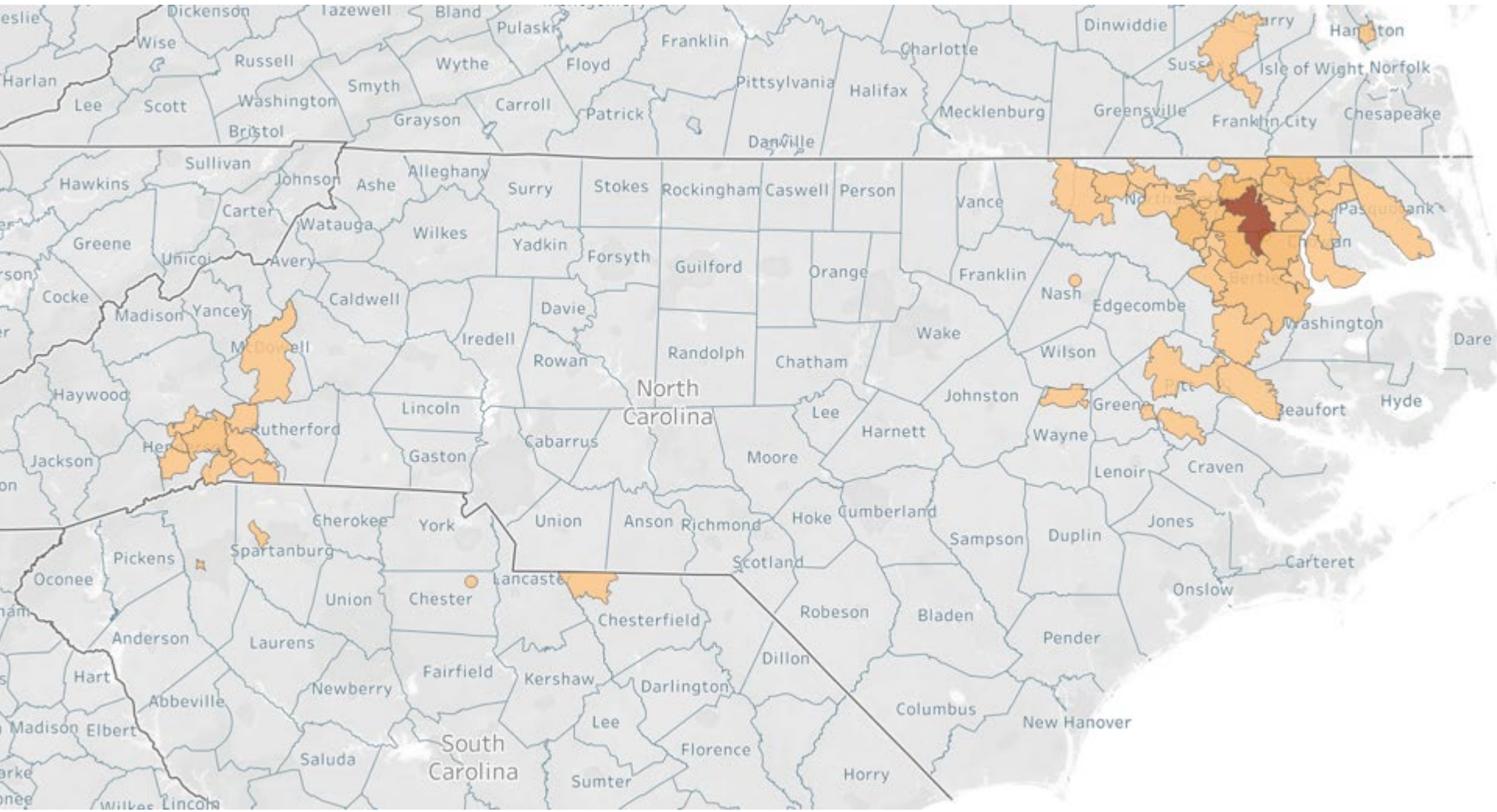


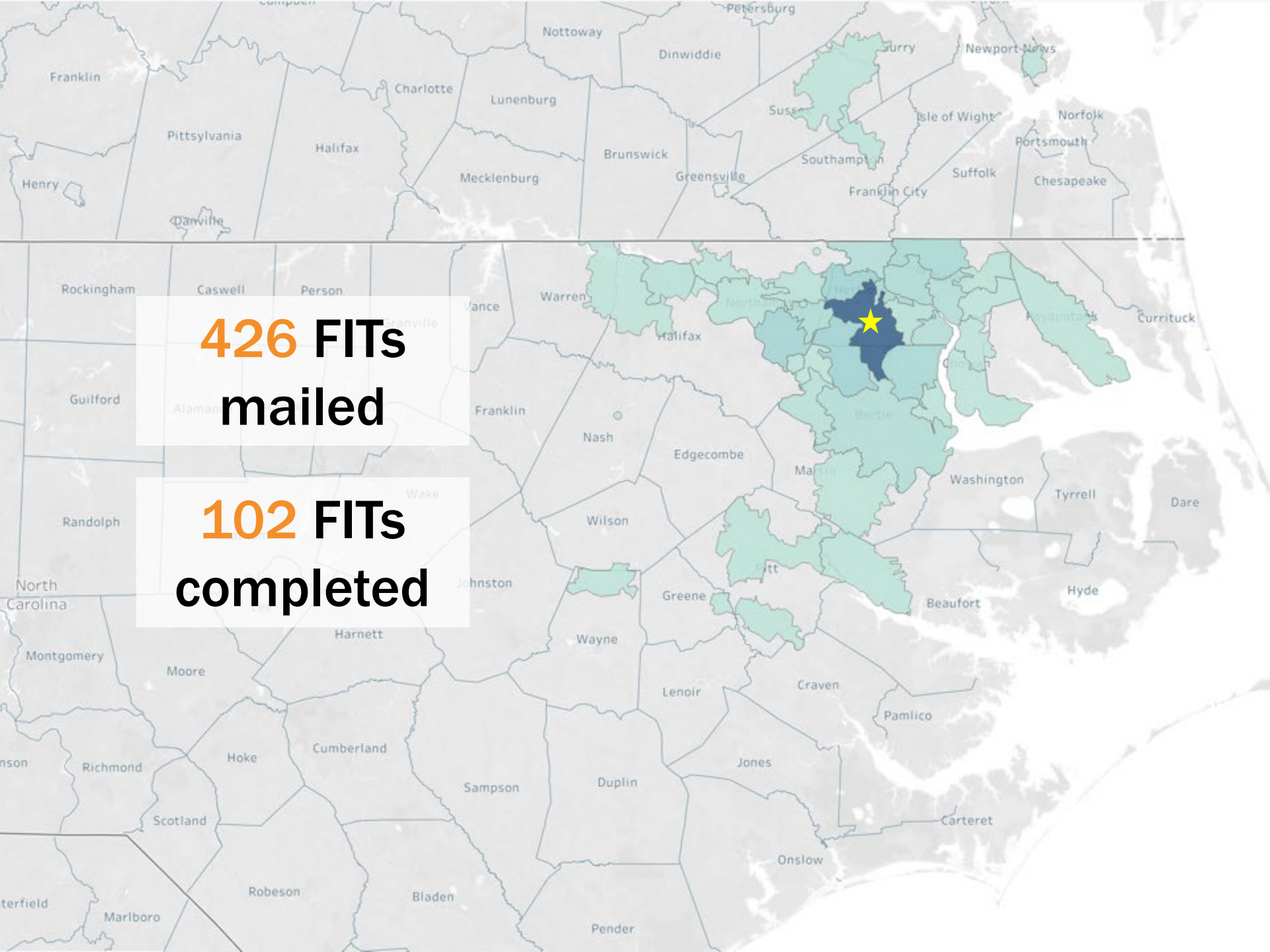
Reminder
Letter 1



Reminder
Letter 2

450 FITs mailed ➔ **105 FITs completed**





426 FITs
mailed

102 FITs
completed

SCORE: Core Elements



CRC screening
registry of
eligible CHC
patients



Mailed FIT
outreach from a
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Navigation
support &
follow-up
colonoscopy for
FIT+ patients

SCORE Navigation: What It Is

What

- Process of identifying and addressing patient- and system-level barriers to FIT+ follow-up colonoscopy

SCORE Navigation: Why We Do It

Why

Significant barriers to colonoscopy

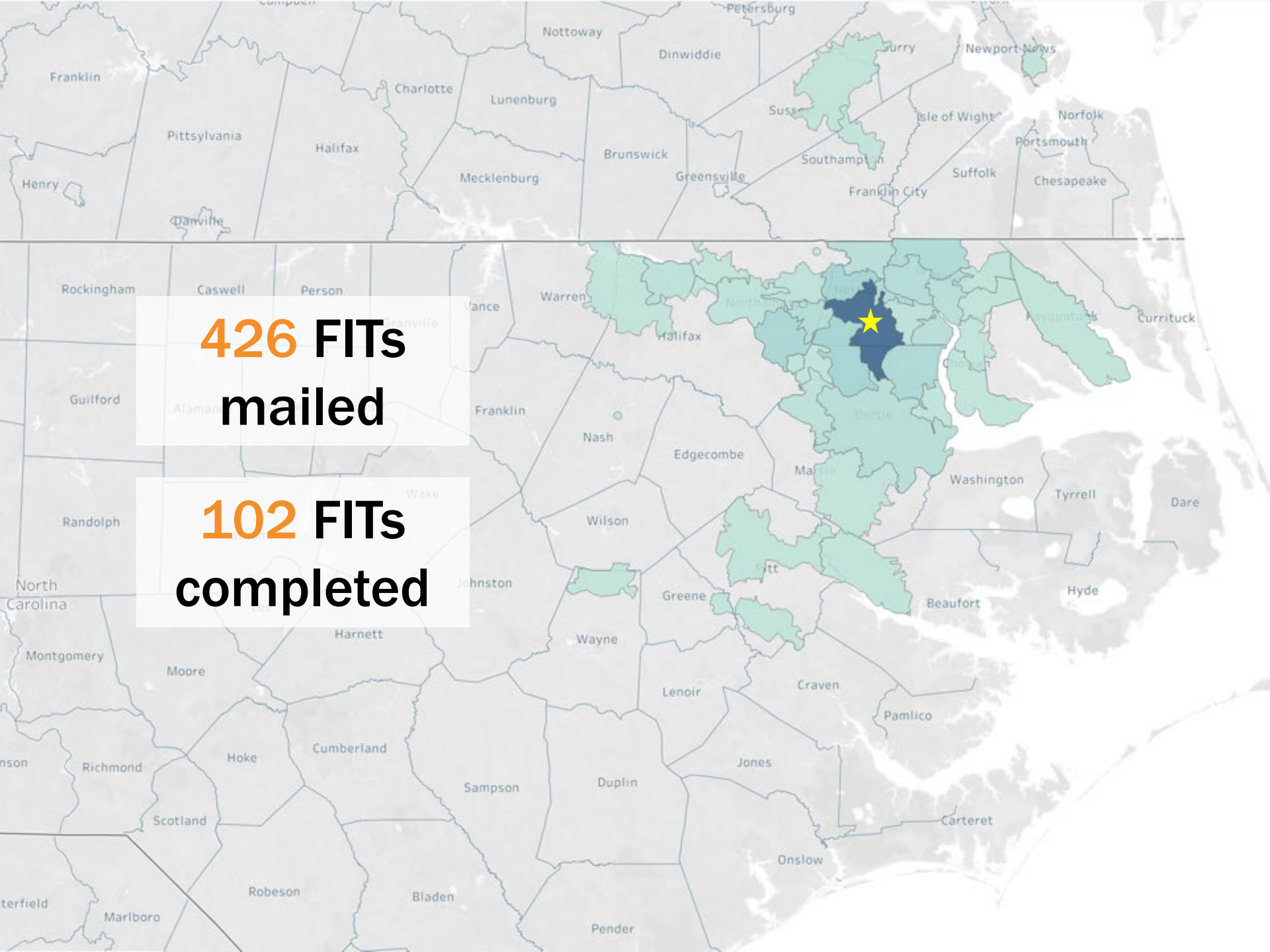
- Financial
- Transportation
- Emotional
- Literacy
- Poor health
- Fragmented health systems

Patient navigation can enhance colonoscopy completion

SCORE Navigation: How We Do It

How

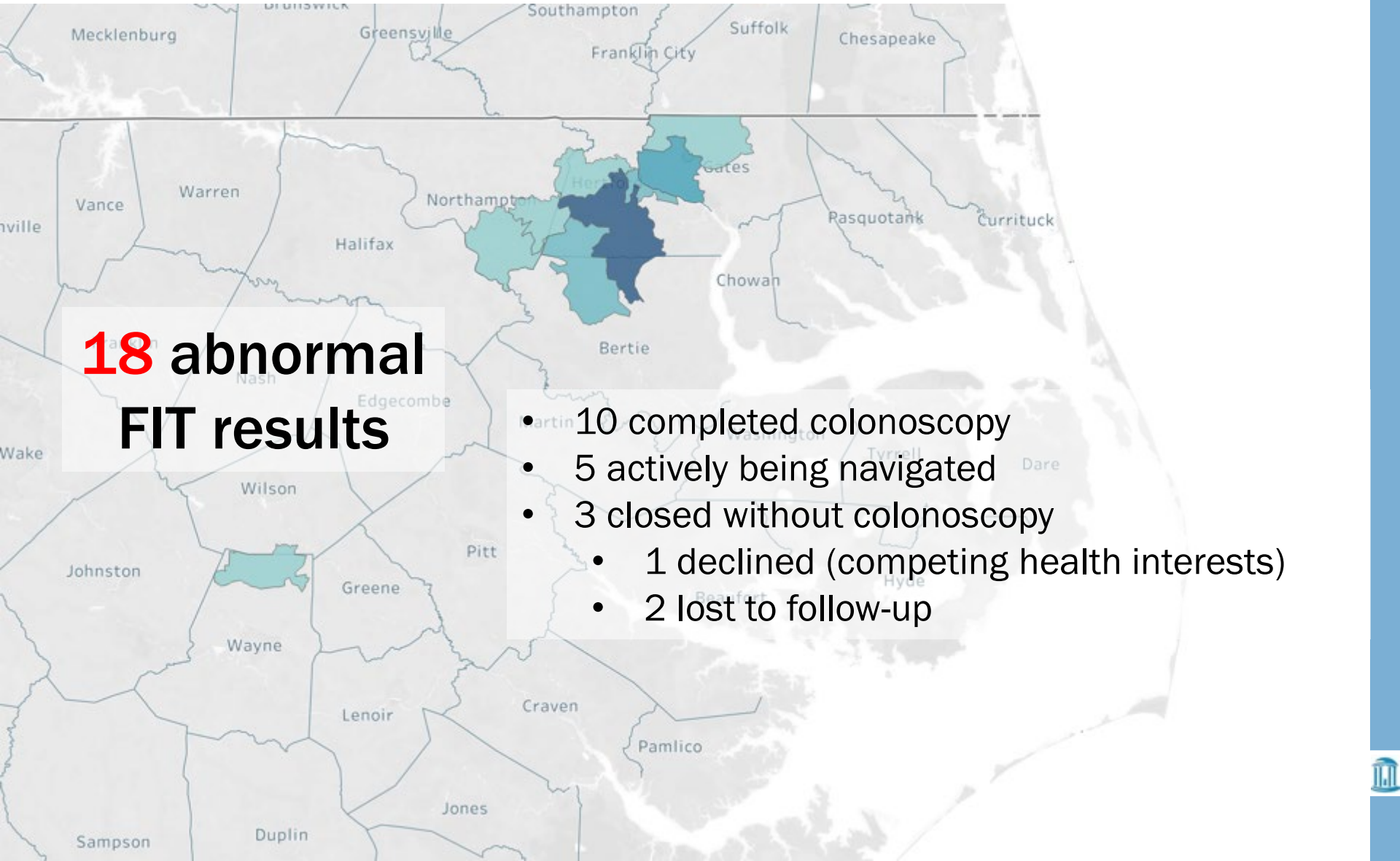
- Frequent, supportive contact with patients
- Access to EHR
- Communication and collaboration
 - Health center staff and providers
 - GI clinic staff and providers
 - Transportation providers



426 FITs
mailed

102 FITs
completed

SCORE Navigation: FIT+ Pilot Patients



**18 abnormal
FIT results**

- 10 completed colonoscopy
- 5 actively being navigated
- 3 closed without colonoscopy
 - 1 declined (competing health interests)
 - 2 lost to follow-up

SCORE Navigation: goSCORE

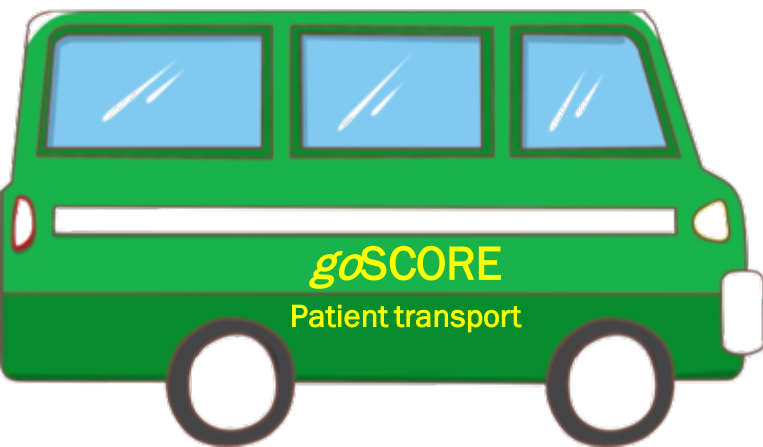
- Transportation service built on existing CHC program
- Funded and managed by SCORE team
- Invoiced through RCCHC
- 3 round trips provided to date



Weyling White



Denita Eley



SCORE Navigation: Colonoscopy Access

- Serving FIT+ Blue Ridge Health patients who do not have insurance
- Commitment from DHP and Carolina Mountain Gastroenterology
 - Providers donate time
 - \$500 per patient covers facility, pathology, and anesthesia fees
 - Funded by NCI ACCSIS SCORE grant and UNC Lineberger Comprehensive Cancer Center
 - Building on work of [Western NC CRC Screening Initiative](#)



Carolina Mountain
Gastro

SCORE Navigation: What's Next

Ongoing Challenges

- Missing EHR colonoscopy reports
- Transportation
- Paying for colonoscopy for uninsured FIT+
- Regulatory barriers

Next Steps

- Identify data exchange disconnects from GI to CHC clinics
- Establish transportation support in west
- Continue to engage with stakeholders to build free and reduced cost colonoscopy agreements and mechanisms

Next Steps

- NCI funding for 4 more years
- Expansion to outlying sites
- Full scale implementation
- Evaluation

Vision: Sustain and Scale

A state-level program that supports CHCs
across NC to deliver mailed FIT
and navigation to follow-up colonoscopy



Essential Program Components

1



Registry

2



Mail center

3



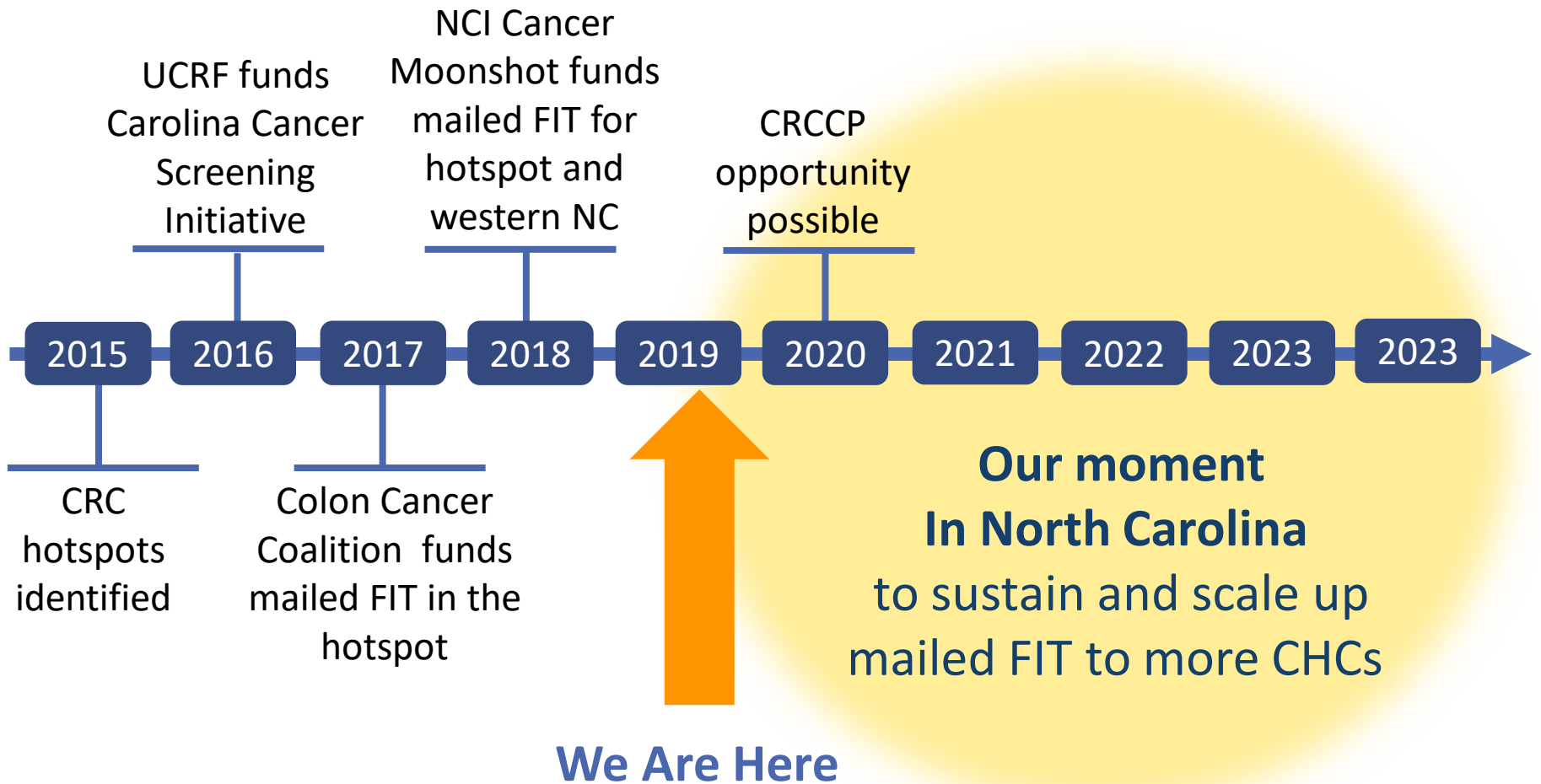
Lab

4



Follow-up
colonoscopy
access

It's Go Time



Sustainment Planning Team



Thank You to Our Partners



Western NC CRC Screening Initiative



VIDANT™



Project Access®



Hertford Health Access



UNC LINEBERGER